

Licensed to MSHSL - 7AA Championship Meet Hy-Tek's Meet Manager
 Section 7AA Track and Field Championships - 6/1/2011 to 6/4/2011
 Minnesota State High School League
 Grand Rapids, MN
 Results

Girls 100 Meter Dash

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 Record: \$ 12.34 6/3/2007 Jes Vork, Cloquet

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 Name Year School Prelims Wind H#
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Preliminaries

1	Stratioti, Paige	12 Duluth Centr	12.69Q	NWI	4
2	Smith, Lydie	11 Duluth East	12.72Q	NWI	2
3	Hickerson, Rochelle	12 Andover	12.80Q	NWI	3
4	Arger, Sammi	10 Hibbing	12.96Q	NWI	1
5	Brazerol, Bailee	7 Grand Rapids	13.03Q	NWI	5
6	Homan, Sonja	10 St. Francis	13.06Q	NWI	6
7	Embury, Alana	11 Elk River	13.17q	NWI	3
8	Kivley, Jenna	9 Elk River	13.32q	NWI	5
9	Kurtovich, Maggie	11 Andover	13.34	NWI	4
10	Erickson, Jackie	11 Duluth East	13.44	NWI	6
11	Dudley, Classie	12 Duluth Centr	13.53	NWI	2
12	Zais, Jenna	10 Chisago Lake	13.56	NWI	2
13	Cheikh, Amina	10 Forest Lake	13.59	NWI	4
14	Ziebarth, Michelle	11 Cambridge-Is	13.61	NWI	1
15	Abukhodair, Lyla	8 Hermantown	13.62	NWI	5
16	DesMarais, Emily	11 Duluth Centr	13.74	NWI	1
17	Sievers, Amanda	10 Forest Lake	13.86	NWI	3
18	Holmberg, Roxanne	11 Cambridge-Is	13.90	NWI	2
19	Audette, Katie	10 Chisago Lake	13.91	NWI	6
20	Kirchner, Krista	11 Forest Lake	13.94	NWI	5
20	Brown, Josie	11 Elk River	13.94	NWI	4
22	Fitzpatrick, Allison	11 St. Francis	13.99	NWI	3
23	Anderson, Rocelle	12 Cambridge-Is	14.01	NWI	5
24	Dumm, Mackenzie	9 Grand Rapids	14.09	NWI	4
25	Doran, Maija	9 Cloquet	14.11	NWI	2
26	Anderson, Teagan	12 North Branch	14.15	NWI	3
27	Vatne, Allison	10 Andover	14.18	NWI	6
28	Lipka, Alicia	11 Princeton	14.19	NWI	6
29	Karwand, Megan	11 Chisago Lake	14.23	NWI	5
30	Hensch, Mikayla	10 North Branch	14.25	NWI	1
31	Herron, Meghan	11 Princeton	14.26	NWI	2
32	Mattson, Kadie	9 North Branch	14.39	NWI	4
33	Baker, Mikayla	7 Cloquet	14.47	NWI	1
34	Meyer, Brittany	9 Duluth East	14.48	NWI	1
35	Donovan, Megan	12 Hermantown	14.52	NWI	6
35	Burley, Katie	11 St. Francis	14.52	NWI	1
37	Knutson, Kaitlyn	9 Cloquet	14.70	NWI	3
38	Monacelli, Laura	9 Hibbing	14.79	NWI	2
39	Anderson, Maria	11 Hibbing	14.98	NWI	3
40	Offersen, Andrea	12 Hermantown	15.14	NWI	4
41	Anderson, Katie	10 Grand Rapids	15.36	NWI	6
42	Wagman, Sophie	9 Princeton	15.83	NWI	5

Girls 100 Meter Dash

=====
 Record: \$ 12.34 6/3/2007 Jes Vork, Cloquet

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 Name Year School Finals Wind Points
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Finals

1	Stratioti, Paige	12 Duluth Centr	12.58	-0.1	10
2	Arger, Sammi	10 Hibbing	12.61	-0.1	8
3	Smith, Lydie	11 Duluth East	12.68	-0.1	6

4 Brazerol, Bailee	7 Grand Rapids	12.80	-0.1	5
5 Hickerson, Rochelle	12 Andover	12.89	-0.1	4
6 Homan, Sonja	10 St. Francis	13.09	-0.1	3
7 Embury, Alana	11 Elk River	13.27	-0.1	2
8 Kivley, Jenna	9 Elk River	13.30	-0.1	1

Girls 200 Meter Dash

Record: \$ 25.26 6/1/2008 Nicole Drangstveit, Andover

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Stratioti, Paige	12 Duluth Centr	25.43Q	NWI	3
2 Nivala, Taylor	11 Andover	26.19Q	NWI	2
3 Smith, Lydie	11 Duluth East	26.21Q	NWI	5
4 Arger, Sammi	10 Hibbing	26.27Q	NWI	4
5 Detloff, Dani	11 Elk River	26.36Q	NWI	1
6 Brazerol, Bailee	7 Grand Rapids	26.82Q	NWI	6
7 Kunshier, Madison	8 North Branch	27.09q	NWI	4
8 Seiberlich, Victoria	9 Chisago Lake	27.15q	NWI	5
9 Kivley, Jenna	9 Elk River	27.48	NWI	3
10 Haseman, Emma	12 Forest Lake	27.68	NWI	4
11 Cheikh, Amina	10 Forest Lake	27.69	NWI	1
12 Elwell, Lauren	10 Duluth East	27.99	NWI	6
13 Craft, Melissa	12 St. Francis	28.20	NWI	5
14 Brown, Josie	11 Elk River	28.29	NWI	5
15 Thordson, Liz	10 Forest Lake	28.50	NWI	2
16 Anderson, Rocelle	12 Cambridge-Is	28.77	NWI	3
17 Allen, Katie	9 Duluth East	28.81	NWI	4
18 DesMarais, Emily	11 Duluth Centr	28.94	NWI	1
19 Anderson, Teagan	12 North Branch	29.01	NWI	3
20 Audette, Katie	10 Chisago Lake	29.11	NWI	6
21 Meyer, Rebekah	10 Chisago Lake	29.13	NWI	2
22 Kolke, Sadie	12 North Branch	29.40	NWI	5
23 Tombers, Sydney	10 Andover	29.47	NWI	3
24 Rickbeil, Heather	11 St. Francis	29.48	NWI	3
25 Marsaa, Calianne	9 Duluth Centr	29.59	NWI	5
26 Fitzpatrick, Allison	11 St. Francis	29.61	NWI	2
27 Martens, Linnea	10 Andover	30.00	NWI	1
28 Ziebarth, Michelle	11 Cambridge-Is	30.06	NWI	6
29 Aubrey, McKayla	9 Princeton	30.43	NWI	6
30 Heckman, Jenni	9 Hermantown	30.55	NWI	3
31 Brady, Angelica	12 Cambridge-Is	30.69	NWI	2
32 Hodgson, Hannah	9 Grand Rapids	31.07	NWI	5
33 Offersen, Andrea	12 Hermantown	31.14	NWI	1
34 Anderson, Maria	11 Hibbing	31.21	NWI	6
35 Leenay, Jillian	11 Princeton	31.53	NWI	1
36 Peterson, Alexa	11 Hermantown	31.95	NWI	4
37 Anderson, Katie	10 Grand Rapids	32.01	NWI	4
38 Waselk, Christina	7 Hibbing	32.14	NWI	2
39 Esse, Carley	10 Cloquet	32.20	NWI	6
40 Savage, Molly	9 Princeton	32.84	NWI	2
41 Loeb, Lauren	7 Cloquet	33.40	NWI	4
-- Kalenowski, Megan	10 Cloquet	NT	NWI	1

Girls 200 Meter Dash

Record: \$ 25.26 6/1/2008 Nicole Drangstveit, Andover

Name	Year School	Finals	Wind	Points
Finals				
1 Stratioti, Paige	12 Duluth Centr	25.28	1.1	10
2 Detloff, Dani	11 Elk River	25.69	1.1	8
3 Nivala, Taylor	11 Andover	26.04	1.1	6
4 Arger, Sammi	10 Hibbing	26.33	1.1	5

5	Smith, Lydie	11	Duluth East	26.72	1.1	4
6	Brazerol, Bailee	7	Grand Rapids	27.10	1.1	3
7	Kunshier, Madison	8	North Branch	27.46	1.1	2
8	Seiberlich, Victoria	9	Chisago Lake	27.88	1.1	1

Girls 400 Meter Dash

Record: \$ 56.52 6/5/2010 Lindsay Mattson, GrandRapids

Name Year School Prelims H#

Preliminaries

1	Stratioti, Paige	12	Duluth Centr	57.04Q	1
2	Thelen, Raquel	9	Andover	1:00.76Q	3
3	Wood, Madelyn	10	Princeton	1:02.34Q	4
4	Kunshier, Madison	8	North Branch	1:02.45Q	2
5	Homan, Sonja	10	St. Francis	1:02.80Q	5
6	McDonald, Abby	10	Elk River	1:01.49q	1
7	Abukhodair, Lyla	8	Hermantown	1:03.05q	4
8	Viren, Solveig	9	Grand Rapids	1:03.13q	1
9	Galeazzi, Carlynn	9	Cambridge-Is	1:03.89	4
10	Muehlhauser, Paige	10	Cambridge-Is	1:04.05	2
11	Porta, Lily	8	Cambridge-Is	1:04.08	3
12	Herr, Kara	9	Chisago Lake	1:04.14	3
13	Petrich, Chelsey	10	Elk River	1:04.45	5
14	Meyer, Rebekah	10	Chisago Lake	1:04.63	1
15	Kaspszak, Kyla	10	Hermantown	1:04.83	1
16	Gozzi, Maria	11	North Branch	1:04.88	5
17	Olson, Kayla	9	Duluth East	1:05.21	4
18	Fontaine, Madeline	9	Duluth East	1:05.22	2
19	Schumaker, Rachel	10	Forest Lake	1:05.35	5
20	Furlano, Stella	10	Forest Lake	1:05.50	2
21	Hagen, Sarah	11	Forest Lake	1:05.73	3
22	Day, Cassidy	7	St. Francis	1:06.14	4
23	Esperum, Danielle	12	Elk River	1:06.69	2
24	Hinschberger, Carly	12	North Branch	1:06.72	1
25	VanDeelen, Anna	9	Hermantown	1:06.86	3
26	Jobe, Amy	9	Grand Rapids	1:07.41	4
27	Gronseth, Allyson	11	Duluth Centr	1:07.54	5
28	French, Julianna	8	Grand Rapids	1:07.69	5
29	Yoder, Katie	9	Andover	1:07.82	4
30	Szurek, Christine	10	Andover	1:08.10	2
31	Olson, Taylor	9	Duluth Centr	1:08.63	4
32	Janssen, Samantha	9	Princeton	1:09.13	1
33	Allen, Katie	9	Duluth East	1:09.20	3
34	Rickbeil, Heather	11	St. Francis	1:09.43	3
35	Hindt, Samantha	9	Chisago Lake	1:10.20	2
36	Hyduke, Olivia	7	Hibbing	1:11.12	3
37	Loeb, Lauren	7	Cloquet	1:12.47	5
38	Waselk, Christina	7	Hibbing	1:13.06	5
39	Esse, Carley	10	Cloquet	1:13.62	2
40	Denman, Alison	10	Cloquet	1:15.07	1

Girls 400 Meter Dash

Record: \$ 56.52 6/5/2010 Lindsay Mattson, GrandRapids

Name Year School Finals Points

Finals

1	Stratioti, Paige	12	Duluth Centr	55.83\$	10
2	Thelen, Raquel	9	Andover	59.05	8
3	Kunshier, Madison	8	North Branch	59.44	6
4	Homan, Sonja	10	St. Francis	1:00.01	5
5	Wood, Madelyn	10	Princeton	1:00.98	4
6	McDonald, Abby	10	Elk River	1:01.47	3
7	Abukhodair, Lyla	8	Hermantown	1:02.34	2

8 Viren, Solveig 9 Grand Rapids 1:02.46 1

Girls 800 Meter Run

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 Record: \$ 2:15.88 6/2/2004 Alissa Kurke, Anoka
 Name Year School Prelims
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Preliminaries

1	Peterson, Halee	12 Cloquet	2:22.30Q
2	Kne, Alaina	12 St. Francis	2:22.86Q
3	Haugen, Anna	10 Elk River	2:22.92Q
4	Reeves, Caitlin	11 Princeton	2:23.20Q
5	Thobe, Cassie	11 Forest Lake	2:25.69Q
6	Mattson, Sidney	8 Grand Rapids	2:26.14Q
7	Peterson, Elizabeth	12 Forest Lake	2:24.28Q
8	Ohotto, Rebecca	9 St. Francis	2:27.73Q
9	Winberg, Holly	11 Forest Lake	2:29.25Q
10	Peart, Maddi	7 Grand Rapids	2:27.97q
11	Rivard, Sam	12 St. Francis	2:29.12q
12	Haskins, Danielle	11 Andover	2:29.26q
13	Hendricks, Samantha	8 Elk River	2:31.10
14	Studden, Charlotte	10 Duluth East	2:31.63
15	Erickson, Bree	7 Cambridge-Is	2:31.66
16	Weiss, Taylor	11 Andover	2:32.75
17	Urman, Ashley	8 Princeton	2:33.66
18	Witikko, Niila	12 Hermantown	2:33.97
19	Cross, Mary	11 Chisago Lake	2:36.10
20	Larson, Katie	11 Andover	2:36.34
21	Odegard, Taylor	8 Elk River	2:36.66
22	McLaughlin, Katie	12 Hibbing	2:38.88
23	Fuller, Alexandria	10 Chisago Lake	2:40.05
24	Cambell, Amy	11 Cloquet	2:41.15
25	Fena, Kemin	11 Duluth East	2:41.44
26	Amunrud, Kora	9 North Branch	2:41.73
27	Curran, Sarah	9 Duluth East	2:43.01
28	White, Courtney	9 North Branch	2:44.56
29	Marsalla, Jessica	10 Hibbing	2:45.71
30	Joyal, Jessica	11 Hermantown	2:46.72
31	Rosin, Melana	12 Duluth Centr	2:47.06
32	Ouellette, Taylor	10 Cambridge-Is	2:47.50
33	Ruhanen, Maraiah	8 Hermantown	2:47.85
34	Swanson, Shelby	9 Cambridge-Is	2:48.83
35	Stenger, Kristina	10 Princeton	2:50.40
36	Carlson, Kailee	11 Chisago Lake	2:50.71
37	Puttkammer, Jenna	9 Duluth Centr	2:57.50
38	Denman, Alison	10 Cloquet	3:20.10
--	Scovill, Erin	9 Hibbing	NT

Girls 800 Meter Run

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 Record: \$ 2:15.88 6/2/2004 Alissa Kurke, Anoka
 Name Year School Finals Points
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Finals

1	Kne, Alaina	12 St. Francis	2:19.59	10
2	Haugen, Anna	10 Elk River	2:22.02	8
3	Peterson, Elizabeth	12 Forest Lake	2:24.94	6
4	Thobe, Cassie	11 Forest Lake	2:24.97	5
5	Peterson, Halee	12 Cloquet	2:26.21	4
6	Haskins, Danielle	11 Andover	2:27.19	3
7	Peart, Maddi	7 Grand Rapids	2:27.81	2
8	Winberg, Holly	11 Forest Lake	2:29.49	1
9	Mattson, Sidney	8 Grand Rapids	2:31.01	
10	Rivard, Sam	12 St. Francis	2:31.15	
11	Reeves, Caitlin	11 Princeton	2:32.01	

12 Ohotto, Rebecca 9 St. Francis 2:33.08

Girls 1600 Meter Run

Record: \$ 5:06.15 1995 Wheeler, Duluth East				
Name	Year	School	Finals	Points
1 Peterson, Halee	12	Cloquet	5:17.13	10
2 Boman, Amanda	12	Duluth Centr	5:20.66	8
3 Lauer, Jaylynn	7	Grand Rapids	5:26.79	6
4 McKeefry, Madeline	9	Andover	5:27.88	5
5 Forsman, Abbigale	10	Chisago Lake	5:29.09	4
6 Norman, Kendra	12	North Branch	5:30.15	3
7 Holak, Abby	9	Duluth East	5:32.98	2
8 Reeves, Caitlin	11	Princeton	5:33.82	1
9 Erickson, Bree	7	Cambridge-Is	5:33.84	
10 Lucca, Carolyn	10	Duluth East	5:37.33	
11 Anderson, Aspen	9	Grand Rapids	5:37.41	
12 Benner, Emma	7	Forest Lake	5:38.33	
13 Van Bergen, Abby	8	Forest Lake	5:38.59	
14 Odegard, Taylor	8	Elk River	5:40.03	
15 Kallemeyn, Jane	12	Elk River	5:43.52	
16 Rivard, Sam	12	St. Francis	5:44.00	
17 Spanjers, Jeanette	10	Forest Lake	5:47.79	
18 Urman, Ashley	8	Princeton	5:48.08	
19 Hess, Alyssa	11	Duluth East	5:48.26	
20 Miller, Mikayla	10	North Branch	5:48.82	
21 Maciver, Danielle	12	Duluth Centr	5:50.12	
22 Lagergren, Kelsey	11	Hermantown	5:50.33	
23 Ness, Erin	9	Elk River	5:51.12	
24 Kero, Jessica	9	Duluth Centr	5:53.57	
25 Dreessen, Diana	12	St. Francis	5:57.03	
26 Witikko, Veronica	9	Hermantown	5:58.90	
27 Kittock, Kaitlin	8	Princeton	6:03.37	
28 Jensen, Amanda	10	Andover	6:03.91	
29 Cottingham, Candace	12	Grand Rapids	6:06.58	
30 Audette, Kristina	9	Chisago Lake	6:06.69	
31 Denman, Jolynne	11	Cloquet	6:06.84	
32 Envall, Alyssa	9	Hermantown	6:09.78	
33 Vukich, Madisen	10	Chisago Lake	6:11.75	
34 Cullen, Sarah	7	St. Francis	6:15.08	
35 Klennert, Amber	8	Hibbing	6:20.49	
36 Stone, Jessica	7	Cloquet	6:21.21	
37 White, Andrea	11	Cambridge-Is	6:30.74	
38 Olander, Amanda	11	Cambridge-Is	6:30.94	
39 Kepler, Jackie	11	Hibbing	6:44.16	
40 Corradi, Abby	10	Hibbing	6:51.34	
-- Steinwand, Natalie	11	Andover	DQ	

Girls 3200 Meter Run

Record: \$ 10:54.58 5/31/1993 Kara Wheeler, Duluth East				
Name	Year	School	Finals	Points
1 Lauer, Jaylynn	7	Grand Rapids	11:32.19	10
2 Heitzman, Nicole	10	Andover	11:32.22	8
3 Baker, Erin	9	Grand Rapids	11:37.43	6
4 Mead, Laura	12	Andover	11:39.98	5
5 Boman, Amanda	12	Duluth Centr	11:42.47	4
6 Wolk, Rocci	8	Forest Lake	11:49.86	3
7 Norman, Kendra	12	North Branch	11:59.61	2
8 Roach, Nikki	11	Hermantown	12:02.19	1
9 Holak, Abby	9	Duluth East	12:03.01	
10 Ness, Rachel	7	Elk River	12:05.20	
11 Benner, Emma	7	Forest Lake	12:05.67	

12 Hanka, Dianna	8 Duluth Centr	12:09.60
13 Lucca, Carolyn	10 Duluth East	12:19.66
14 Kungel, Molly	8 St. Francis	12:34.82
15 Holgate, Breana	11 Grand Rapids	12:37.26
16 Hess, Alyssa	11 Duluth East	12:41.76
17 Cullen, Sarah	7 St. Francis	12:43.09
18 Kallemeyn, Jane	12 Elk River	12:45.64
19 Miesbauer, Rachel	12 Hibbing	12:45.97
20 Ramberg, Alyssa	10 North Branch	12:46.13
21 Witikko, Veronica	9 Hermantown	12:58.81
22 Galleberg, Mackenzie	11 Forest Lake	13:01.07
23 Koehler, Leah	12 Elk River	13:04.25
24 Denman, Jolynne	11 Cloquet	13:07.02
25 Lagergren, Kelsey	11 Hermantown	13:16.60
26 Ouellette, Madeline	8 Cambridge-Is	13:16.89
27 Yoki, Hanna	12 Hibbing	13:17.00
28 Prigge, Hannah	10 Cambridge-Is	13:29.41
29 Kayser, Mariah	8 Cloquet	13:29.48
30 Bell, Haley	11 Andover	13:30.85
31 Head, Amy	10 Cambridge-Is	13:43.25
32 Vukich, Madisen	10 Chisago Lake	13:51.88
33 Ryan, Kelsey	11 Chisago Lake	13:52.27
34 Giberson, Maggie	9 Duluth Centr	14:03.33
35 Longseth, Tara	9 Cloquet	14:29.62
36 Chalupsky, Kassandra	10 Hibbing	14:34.84
37 Shir, Natasha	10 North Branch	14:46.98

Girls 100 Meter Hurdles

=====				
Record: \$ 14.90	6/4/2005	Sasha Gangl, ElkRivRogersZimm		
Name	Year	School	Prelims	Wind H#
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Preliminaries

1 Mueller, Hannah	12	Cambridge-Is	15.18Q	NWI	1
2 Lowe, Lindsey	10	Elk River	16.22Q	NWI	2
3 Linkert, Sherahlynn	10	North Branch	16.25Q	NWI	6
4 Sohns, Jordyn	10	Elk River	16.45Q	NWI	5
4 Hoium, Rachael	11	Hermantown	16.45Q	NWI	4
6 Smith, Hailey	12	Hibbing	16.49Q	NWI	3
7 Maciver, Jordan	11	Duluth Centr	16.76q	NWI	5
8 Illikainen, Molly	11	Grand Rapids	16.80q	NWI	3
9 Serich, Dahlis	11	Grand Rapids	16.95	NWI	2
10 Litecky, Elsa	11	Forest Lake	16.98	NWI	4
11 Wasbotten, Jessica	10	Hermantown	17.03	NWI	5
12 Bolgrien, Anna	12	Duluth Centr	17.04	NWI	6
13 Hanson, Adele	10	Forest Lake	17.19	NWI	1
14 Hedin, Taylor	10	Andover	17.26	NWI	6
15 Dunaisky, Mikaela	11	Cloquet	17.28	NWI	6
16 Hansen, Zoe	11	Chisago Lake	17.35	NWI	1
17 Robb, Lucy	9	Duluth East	17.45	NWI	3
18 Haas, Emma	12	North Branch	17.53	NWI	4
19 Morgenstern, Morgan	10	North Branch	17.63	NWI	5
20 Nassif, Nadia	12	Cambridge-Is	17.69	NWI	2
21 Larson, Tori	11	St. Francis	17.80	NWI	4
22 Olson, Taylor	9	Duluth Centr	17.81	NWI	3
23 Dehkes, Brienna	10	Elk River	17.82	NWI	4
24 Dhaene, Jessica	10	Forest Lake	17.92	NWI	2
25 Sich, Mikayla	12	Hermantown	18.19	NWI	6
26 Reff, Haidee	12	Andover	18.22	NWI	1
27 Rooney, Jessicah	12	Cambridge-Is	18.23	NWI	5
28 Ekman, Liz	11	Andover	18.34	NWI	2
29 Geislinger, Abbie	9	Grand Rapids	18.64	NWI	5
30 Dougherty, Mikelle	10	Hibbing	19.09	NWI	6
31 Sullivan, Shannon	11	Chisago Lake	19.28	NWI	6
32 Cich, Veronica	11	St. Francis	19.29	NWI	3

33 Jorgenson, Brooke	11 Princeton	19.30	NWI	4
34 Lyle, Sarah	10 Duluth East	19.66	NWI	2
35 Klennert, Amanda	10 Hibbing	20.31	NWI	1
36 Woo, HeeJun	12 Princeton	20.49	NWI	2
37 Delzer, Taylor	11 Chisago Lake	20.54	NWI	3
38 Pollak, Tia	11 Cloquet	20.64	NWI	3
39 Ott, Lauren	10 Princeton	20.72	NWI	5
40 Pybas, Allie	9 Duluth East	20.85	NWI	1
41 Hamann, Aliya	9 Cloquet	27.93	NWI	4
-- Holthus, Heidi	12 St. Francis	DQ	NWI	1

Girls 100 Meter Hurdles

Record: \$ 14.90 6/4/2005 Sasha Gangl, ElkRivRogersZimm					
Name	Year	School	Finals	Wind	Points
Finals					
1 Mueller, Hannah	12	Cambridge-Is	15.10	0.2	10
2 Lowe, Lindsey	10	Elk River	15.81	0.2	8
3 Sohns, Jordyn	10	Elk River	16.03	0.2	6
4 Smith, Hailey	12	Hibbing	16.21	0.2	5
5 Hoium, Rachael	11	Hermantown	16.32	0.2	4
6 Linkert, Sherahlynn	10	North Branch	16.34	0.2	3
7 Maciver, Jordan	11	Duluth Centr	16.97	0.2	2
8 Illikainen, Molly	11	Grand Rapids	17.36	0.2	1

Girls 300 Meter Hurdles

Record: \$ 44.68 6/4/2005 Bekah Kok, Anoka					
Name	Year	School	Prelims	H#	
Preliminaries					
1 Savage, Kadie	12	Princeton	47.68Q	3	
2 Lowe, Lindsey	10	Elk River	48.27Q	2	
3 Linkert, Sherahlynn	10	North Branch	48.49Q	1	
4 Bolgrien, Anna	12	Duluth Centr	48.59Q	5	
5 Illikainen, Morgan	12	Grand Rapids	49.01Q	4	
6 Dhaene, Jessica	10	Forest Lake	49.05Q	6	
7 Bialka, Katie	9	Princeton	49.09q	5	
8 Robb, Lucy	9	Duluth East	49.75q	1	
9 Maciver, Jordan	11	Duluth Centr	50.02	3	
10 Carpenter, Morgan	11	Elk River	50.77	4	
11 Hansen, Zoe	11	Chisago Lake	50.89	1	
12 Dehkes, Brienna	10	Elk River	51.14	6	
13 Reff, Haidee	12	Andover	51.35	2	
14 Serich, Dahlis	11	Grand Rapids	52.19	2	
15 Geislinger, Abbie	9	Grand Rapids	52.25	3	
16 Holthus, Heidi	12	St. Francis	52.58	2	
17 Calametti, Gabby	7	St. Francis	52.94	5	
18 Hamm, Leah	11	Duluth Centr	53.03	6	
19 Hedin, Taylor	10	Andover	53.11	1	
20 Sich, Gretchen	8	Hermantown	53.24	4	
21 Rooney, Jessicah	12	Cambridge-Is	53.41	4	
22 Hanson, Adele	10	Forest Lake	53.49	3	
23 Morgenstern, Morgan	10	North Branch	53.63	2	
24 Jorgenson, Brooke	11	Princeton	54.08	4	
25 Sich, Mikayla	12	Hermantown	54.10	6	
26 Probert, Kylie	10	Andover	54.11	5	
27 Gregg, Brittney	12	Cambridge-Is	54.16	1	
28 Cich, Veronica	11	St. Francis	54.17	6	
29 Varsoke, Melyssa	8	Cambridge-Is	54.19	6	
30 Knauss, Cora	9	Duluth East	54.40	3	
31 Litecky, Elsa	11	Forest Lake	54.50	5	
32 Sullivan, Shannon	11	Chisago Lake	55.12	3	
33 Pybas, Allie	9	Duluth East	55.94	4	

34	Johansen, Olivia	9	Hermantown	57.52	1
35	Dougherty, Mikelle	10	Hibbing	58.54	5
36	Braid, Hannah	7	Hibbing	59.95	2
37	Delzer, Taylor	11	Chisago Lake	1:01.53	2
38	Pollak, Tia	11	Cloquet	1:02.20	1
39	Klennert, Amanda	10	Hibbing	1:05.18	3
40	Hamann, Aliya	9	Cloquet	1:06.60	5
--	Franta, Sheyanne	9	Cloquet	NT	4

Girls 300 Meter Hurdles

=====					
Record: \$ 44.68 6/4/2005 Bekah Kok, Anoka					
Name	Year	School	Finals	Points	
=====					

Finals

1	Linkert, Sherahlynn	10	North Branch	46.09	10
2	Savage, Kadie	12	Princeton	46.28	8
3	Lowe, Lindsey	10	Elk River	47.00	6
4	Bialka, Katie	9	Princeton	47.32	5
5	Robb, Lucy	9	Duluth East	47.54	4
6	Illikainen, Morgan	12	Grand Rapids	48.28	3
7	Bolgrien, Anna	12	Duluth Centr	49.01	2
8	Dhaene, Jessica	10	Forest Lake	50.70	1

Girls 4x100 Meter Relay

=====					
Record: \$ 49.64 6/1/2008 Andover, Andover					
S Bredeson, R Held, R Cooper, N Drangstveit					
School	Finals	H#	Points		
=====					

1	Andover 'A'	48.87\$	2	10
	1) Kurtovich, Maggie 11	2) Thelen, Raquel 9		
	3) Nivala, Taylor 11	4) Hickerson, Rochelle 12		
2	Elk River 'A'	48.93\$	2	8
	1) Embury, Alana 11	2) Detloff, Dani 11		
	3) Edwards, Kelly 11	4) Daulton, Logan Ann 9		
3	Chisago Lakes Area 'A'	51.31	2	6
	1) Herr, Kara 9	2) Seiberlich, Victoria 9		
	3) Audette, Katie 10	4) Zais, Jenna 10		
4	St. Francis 'A'	51.98	2	5
	1) Fitzpatrick, Allison 11	2) Lefever, Autumn 10		
	3) Rickbeil, Heather 11	4) Burley, Katie 11		
5	Grand Rapids 'A'	52.25	2	4
	1) Dumm, Mackenzie 9	2) Petersen, Karley 11		
	3) Serich, Dahlis 11	4) Brazerol, Bailee 7		
6	Forest Lake 'A'	52.49	2	3
	1) Sievers, Amanda 10	2) Kirchner, Krista 11		
	3) Thordson, Liz 10	4) Haseman, Emma 12		
7	Cambridge-Isanti 'A'	52.50	2	2
	1) Anderson, Rocelle 12	2) Young, Erica 11		
	3) Holmberg, Roxanne 11	4) Ziebarth, Michelle 11		
8	Duluth Central 'A'	53.15	1	1
	1) DesMarais, Emily 11	2) Hamm, Leah 11		
	3) Hill, Justine 12	4) Gronseth, Allyson 11		
9	Hermantown 'A'	53.27	2	
	1) Kaspszak, Kyla 10	2) Wasbotten, Jessica 10		
	3) Harper, Jess 12	4) Hoium, Rachael 11		
10	North Branch 'A'	53.53	1	
	1) Anderson, Teagan 12	2) Hensch, Mikayla 10		
	3) Haas, Emma 12	4) Kolke, Sadie 12		
11	Duluth East 'A'	54.22	1	
	1) Elwell, Lauren 10	2) Fontaine, Madeline 9		
	3) Meyer, Brittany 9	4) Robb, Lucy 9		
12	Cloquet 'A'	56.46	1	
	1) Doran, Maija 9	2) Knutson, Kaitlyn 9		

3) Sinisalo, Grace 9	4) Baker, Mikayla 7		
13 Princeton 'A'		57.56	1
1) Janssen, Samantha 9	2) Jorgenson, Brooke 11		
3) Meixell, Mya 10	4) Savage, Molly 9		
14 Hibbing 'A'		57.87	1
1) Herr, Autumn 11	2) Rowland, Bryanna 12		
3) Friend, Brittani 12	4) Monacelli, Laura 9		

Girls 4x200 Meter Relay

=====			
Record: \$ 1:43.02 6/5/2010 Grand Rapids, GrandRapids			
B Koss, M Illikainen, J Gillson, L Mattson			
School		Finals	H# Points
=====			
1 Elk River 'A'		1:44.17	2 10
1) Embury, Alana 11	2) Detloff, Dani 11		
3) Kivley, Jenna 9	4) Daulton, Logan Ann 9		
2 North Branch 'A'		1:49.93	2 8
1) Gozzi, Maria 11	2) Kolke, Sadie 12		
3) Ramberg, Becky 11	4) Linkert, Sherahlynn 10		
3 Cambridge-Isanti 'A'		1:50.08	2 6
1) Porta, Lily 8	2) Young, Erica 11		
3) Galeazzi, Carlynn 9	4) Muehlhauser, Paige 10		
4 Princeton 'A'		1:50.48	2 5
1) Bialka, Katie 9	2) Lipka, Alicia 11		
3) Savage, Kadie 12	4) Wood, Madelyn 10		
5 Chisago Lakes Area 'A'		1:50.68	1 4
1) Herr, Kara 9	2) Meyer, Rebekah 10		
3) Seiberlich, Victoria 9	4) Zais, Jenna 10		
6 Grand Rapids 'A'		1:51.43	2 3
1) Petersen, Karley 11	2) Illikainen, Molly 11		
3) Allen, Megan 9	4) Dumm, Mackenzie 9		
7 St. Francis 'A'		1:51.85	1 2
1) Lefever, Autumn 10	2) Day, Cassidy 7		
3) Craft, Melissa 12	4) Strauss, Meghan 9		
8 Forest Lake 'A'		1:52.56	2 1
1) Sievers, Amanda 10	2) Thordson, Liz 10		
3) Haseman, Emma 12	4) Schumaker, Rachel 10		
9 Hermantown 'A'		1:53.20	1
1) Zierden, Alex 10	2) Donovan, Megan 12		
3) Kaspszak, Kyla 10	4) Harper, Jess 12		
10 Duluth Central 'A'		1:55.56	1
1) Olson, Taylor 9	2) Hamm, Leah 11		
3) Hill, Justine 12	4) Marsaa, Calianne 9		
11 Andover 'A'		1:56.45	2
1) Vatne, Allison 10	2) Tombers, Sydney 10		
3) Szurek, Christine 10	4) Yoder, Katie 9		
12 Hibbing 'A'		2:01.48	2
1) Monacelli, Laura 9	2) Anderson, Maria 11		
3) Waselk, Christina 7	4) Rowland, Bryanna 12		
-- Cloquet 'A'		DQ	1
1) Baker, Mikayla 7	2) Knutson, Kaitlyn 9		
3) Doran, Maija 9	4) Dunaisky, Mikaela 11		
-- Duluth East 'A'		DQ	1
1) Allen, Katie 9	2) Elwell, Lauren 10		
3) Erickson, Jackie 11	4) Smith, Lydie 11		

Girls 4x400 Meter Relay

=====			
Record: \$ 4:01.61 1997 , Duluth Denfeld			
School		Finals	H# Points
=====			
1 Elk River 'A'		4:07.21	2 10
1) Daulton, Logan Ann 9	2) Lowe, Lindsey 10		
3) McDonald, Abby 10	4) Haugen, Anna 10		

2 Andover 'A'	4:10.84	2	8
1) Kurtovich, Maggie 11	2) Nivala, Taylor 11		
3) Heitzman, Nicole 10	4) Thelen, Raquel 9		
3 Forest Lake 'A'	4:11.87	2	6
1) Peterson, Elizabeth 12	2) Thobe, Cassie 11		
3) Hagen, Sarah 11	4) Schumaker, Rachel 10		
4 Grand Rapids 'A'	4:11.99	2	5
1) Allen, Megan 9	2) Mattson, Sidney 8		
3) Illikainen, Molly 11	4) Illikainen, Morgan 12		
5 Cambridge-Isanti 'A'	4:12.06	2	4
1) Porta, Lily 8	2) Young, Erica 11		
3) Galeazzi, Carlynn 9	4) Muehlhauser, Paige 10		
6 North Branch 'A'	4:12.10	2	3
1) Kunshier, Madison 8	2) Gozzi, Maria 11		
3) Ramberg, Becky 11	4) Norman, Kendra 12		
7 St. Francis 'A'	4:16.03	2	2
1) Craft, Melissa 12	2) Homan, Sonja 10		
3) Rivard, Sam 12	4) Kne, Alaina 12		
8 Duluth East 'A'	4:16.81	1	1
1) Erickson, Jackie 11	2) Fontaine, Madeline 9		
3) Olson, Kayla 9	4) Studden, Charlotte 10		
9 Princeton 'A'	4:17.86	2	
1) Bialka, Katie 9	2) Lipka, Alicia 11		
3) Savage, Kadie 12	4) Wood, Madelyn 10		
10 Hermantown 'A'	4:19.37	1	
1) Abukhodair, Lyla 8	2) Zierden, Alex 10		
3) Madison, Melissa 11	4) Wassenaar, Jenna 10		
11 Duluth Central 'A'	4:19.87	1	
1) Gronseth, Allyson 11	2) Dudley, Classie 12		
3) Boman, Amanda 12	4) Bolgrien, Anna 12		
12 Hibbing 'A'	4:24.64	1	
1) Smith, Hailey 12	2) Friend, Brittani 12		
3) McLaughlin, Katie 12	4) Arger, Sammi 10		
13 Cloquet 'A'	4:28.34	1	
1) Cambell, Amy 11	2) Sinisalo, Grace 9		
3) Dunaisky, Mikaela 11	4) Peterson, Halee 12		
14 Chisago Lakes Area 'A'	4:30.62	1	
1) Ryan, Kelsey 11	2) Fuller, Alexandria 10		
3) Hansen, Zoe 11	4) Hindt, Samantha 9		

Girls 4x800 Meter Relay

=====			
Record: \$ 9:29.02 6/1/1996 , Duluth East			
School		Finals	Points
=====			
1 Grand Rapids 'A'	9:31.99		10
1) Allen, Megan 9	2) Baker, Erin 9		
3) Mattson, Sidney 8	4) Illikainen, Morgan 12		
2 Elk River 'A'	9:41.50		8
1) Haugen, Anna 10	2) Ness, Rachel 7		
3) Hendricks, Samantha 8	4) Ness, Erin 9		
3 Forest Lake 'A'	9:44.43		6
1) Peterson, Elizabeth 12	2) Wolk, Rocci 8		
3) Thobe, Cassie 11	4) Winberg, Holly 11		
4 Andover 'A'	9:51.06		5
1) Mead, Laura 12	2) Haskins, Danielle 11		
3) McKeefry, Madeline 9	4) Heitzman, Nicole 10		
5 Hermantown 'A'	10:00.35		4
1) Roach, Nikki 11	2) Witikko, Niila 12		
3) Madison, Melissa 11	4) Wassenaar, Jenna 10		
6 St. Francis 'A'	10:25.74		3
1) Kungel, Molly 8	2) Ohotto, Rebecca 9		
3) Dreessen, Diana 12	4) Kenney, Katlyn 7		
7 Chisago Lakes Area 'A'	10:27.84		2
1) Cross, Mary 11	2) Forsman, Abbigale 10		

3) Fuller, Alexandria 10	4) Carlson, Kailee 11	
8 Duluth Central 'A'	10:27.86	1
1) Kero, Jessica 9	2) Hanka, Dianna 8	
3) Rosin, Melana 12	4) Maciver, Danielle 12	
9 North Branch 'A'	10:40.05	
1) Miller, Mikayla 10	2) Amunrud, Kora 9	
3) Hirschberger, Carly 12	4) Huset, Haley 9	
10 Princeton 'A'	10:45.87	
1) Janssen, Samantha 9	2) Kittock, Kaitlin 8	
3) Laabs, Taylor 7	4) Schultz, Brianna 8	
11 Cambridge-Isanti 'A'	10:49.17	
1) Moore, Emily 10	2) Ouellette, Madeline 8	
3) Christenson, Miranda 12	4) Nelson, Alexandra 11	
12 Duluth East 'A'	10:56.29	
1) Youngberg, Chelsey 11	2) Curran, Sarah 9	
3) Fena, Kemin 11	4) Patterson, Danielle 9	
13 Hibbing 'A'	11:05.18	
1) McLaughlin, Katie 12	2) Chalupsky, Kassandra 10	
3) Kepler, Jackie 11	4) Miesbauer, Rachel 12	
14 Cloquet 'A'	11:15.03	
1) Baublitz, Chelsea 9	2) Esse, Carley 10	
3) Sinisalo, Grace 9	4) Cambell, Amy 11	

Girls High Jump

Record: \$ 5-08.25 5/28/2008 Katie Loberg, Princeton				
Name	Year	School	Finals	Points
1 Smith, Hailey	12	Hibbing	5-02.00	10
2 Illikainen, Molly	11	Grand Rapids	J5-02.00	8
3 Baas, Kylie	10	Cambridge-Is	5-01.00	6
4 Moore, Taylor	10	Forest Lake	4-10.00	5
5 Hedin, Taylor	10	Andover	J4-10.00	2.5
5 Lenz, Merina	10	Forest Lake	J4-10.00	2.5
5 Loberg, Kelli	12	Elk River	J4-10.00	2.5
5 Serich, Dahlis	11	Grand Rapids	J4-10.00	2.5
9 Hoium, Rachael	11	Hermantown	4-08.00	
9 Amundson, Gina	10	North Branch	4-08.00	
11 Yoder, Katie	9	Andover	4-06.00	
11 Tombers, Sydney	10	Andover	4-06.00	
11 Harper, Jess	12	Hermantown	4-06.00	
11 Madden, Lindsay	11	Elk River	4-06.00	
11 Schumaker, Rachel	10	Forest Lake	4-06.00	
16 Lafferty, Faye	11	Duluth East	4-04.00	
16 Urman, Ashley	8	Princeton	4-04.00	
16 Nelson, Grace	12	Cambridge-Is	4-04.00	
16 Viren, Solveig	9	Grand Rapids	4-04.00	
16 Ziemer, Kara	10	Elk River	4-04.00	
16 Donovan, Megan	12	Hermantown	4-04.00	
16 Mattson, Kadie	9	North Branch	4-04.00	
16 Carlson, Amy	9	St. Francis	4-04.00	
-- Hunt, Mary	12	St. Francis	NH	
-- Madden, Hillarie	8	Duluth East	NH	
-- Zais, Leah	12	Chisago Lake	NH	
-- Knauss, Cora	9	Duluth East	NH	
-- Boyhtari, Alissa	10	Duluth Centr	NH	
-- Longseth, Tara	9	Cloquet	NH	
-- Bolgrien, Anna	12	Duluth Centr	NH	
-- Meyer, Tanya	12	St. Francis	NH	
-- Braid, Hannah	7	Hibbing	NH	
-- Huset, Haley	9	North Branch	NH	
-- Page, Katrina	10	Cambridge-Is	NH	
-- Sullivan, Shannon	11	Chisago Lake	NH	
-- Hyduke, Olivia	7	Hibbing	NH	

Girls Pole Vault

Record: \$ 11-02 6/5/2010 Taylor Brett, ForestLake				
Name	Year	School	Finals	Points
1 Salo, Cassandra	11	North Branch	10-03.00	10
2 Anderson, Rocelle	12	Cambridge-Is	9-11.00	8
3 Petersen, Karley	11	Grand Rapids	9-07.00	6
4 Embury, Alana	11	Elk River	9-01.00	5
5 Nelson, Adelle	11	Cambridge-Is	J9-01.00	3
5 Bednarz, Layni	12	Elk River	J9-01.00	3
5 Anderson, Teagan	12	North Branch	J9-01.00	3
8 Crepeau, Laura	11	Elk River	J9-01.00	1
9 Baker, Cassidy	8	Forest Lake	J9-01.00	
10 Martens, Linnea	10	Andover	8-07.00	
10 Zutz, Maria	9	St. Francis	8-07.00	
10 Haslach, Bonnie	12	North Branch	8-07.00	
13 Baker, Andie	11	Grand Rapids	8-01.00	
13 Cohoes, Hailee	11	Forest Lake	8-01.00	
13 Marsalla, Jessica	10	Hibbing	8-01.00	
13 Kaehler, Madelyn	9	St. Francis	8-01.00	
13 Dison, Katie	9	Forest Lake	8-01.00	
18 Major, Andrea	11	Grand Rapids	7-07.00	
18 Groebner, Amanda	10	Princeton	7-07.00	
18 Dunaisky, Mikaela	11	Cloquet	7-07.00	
18 Marsalla, Gina	10	Hibbing	7-07.00	
18 Polverari, Grace	12	Andover	7-07.00	
18 Hermanson, Rachel	9	St. Francis	7-07.00	
18 Ziebarth, Michelle	11	Cambridge-Is	7-07.00	
18 Probert, Kylie	10	Andover	7-07.00	
26 Knutson, Kaitlyn	9	Cloquet	7-01.00	
27 Savage, Molly	9	Princeton	6-07.00	
-- Baldwin, Nicole	12	Hibbing	NH	
-- Gamble, Araya	11	Chisago Lake	NH	
-- Hagglund, Alyson	11	Chisago Lake	NH	
-- Wagman, Sophie	9	Princeton	NH	
-- Turner, Paige	12	Duluth East	NH	
-- Davila, Stacy	11	Duluth East	NH	

Girls Long Jump

Record: \$ 18-06.25 6/1/2005 Jenny Aronson, CambridgIsan					
Name	Year	School	Finals	Wind	Points
1 Mueller, Hannah	12	Cambridge-Is	17-11.00	1.1	10
2 Hickerson, Rochelle	12	Andover	17-06.00	0.8	8
3 Daulton, Logan Ann	9	Elk River	16-10.00	0.5	6
4 Edwards, Kelly	11	Elk River	16-09.50	0.9	5
5 Kurtovich, Maggie	11	Andover	16-02.00	1.2	4
6 Detloff, Dani	11	Elk River	16-00.00	1.0	3
7 Smith, Lydie	11	Duluth East	15-10.00	NWI	2
8 Linkert, Sherahlynn	10	North Branch	J15-10.00	NWI	1
9 Lefever, Autumn	10	St. Francis	15-03.25	NWI	
10 Craft, Melissa	12	St. Francis	15-02.00	NWI	
11 Daninger, Mariah	9	Forest Lake	14-11.25	NWI	
12 DesMarais, Emily	11	Duluth Centr	14-10.50	NWI	
13 Kirchner, Krista	11	Forest Lake	14-10.00	NWI	
14 Suess, Kayla	11	Forest Lake	14-08.00	NWI	
15 Hunt, Ann	10	St. Francis	14-07.50	NWI	
16 Meyer, Rebekah	10	Chisago Lake	14-07.00	NWI	
16 Dudley, Classie	12	Duluth Centr	14-07.00	NWI	
18 Schlauderaff, Savannah	11	Grand Rapids	14-06.50	NWI	
18 Young, Erica	11	Cambridge-Is	14-06.50	NWI	
20 Szurek, Christine	10	Andover	14-05.00	NWI	
21 Ramberg, Becky	11	North Branch	14-03.75	NWI	

22 Kolke, Sadie	12 North Branch	14-03.25	NWI
23 Wasbotten, Jessica	10 Hermantown	14-01.25	NWI
24 Mattson, Sidney	8 Grand Rapids	14-00.00	NWI
24 Nassif, Nadia	12 Cambridge-Is	14-00.00	NWI
26 Madison, Melissa	11 Hermantown	13-10.50	NWI
26 Robb, Lucy	9 Duluth East	13-10.50	NWI
28 Karwand, Megan	11 Chisago Lake	13-10.00	NWI
29 Zais, Leah	12 Chisago Lake	13-09.75	NWI
30 Zierden, Alex	10 Hermantown	12-10.75	NWI
31 Hill, Justine	12 Duluth Centr	12-07.50	NWI
32 Leenay, Jillian	11 Princeton	12-07.00	NWI
32 Herron, Meghan	11 Princeton	12-07.00	NWI
34 Crosser, Sarah	11 Princeton	12-06.50	NWI
35 Monacelli, Laura	9 Hibbing	12-05.00	NWI
36 Baker, Mikayla	7 Cloquet	12-04.75	NWI
37 Brazerol, Bailee	7 Grand Rapids	12-03.50	NWI
38 Waselk, Christina	7 Hibbing	11-07.00	NWI
39 Anderson, Maria	11 Hibbing	11-03.25	NWI
-- Franta, Sheyanne	9 Cloquet		ND NWI
-- Lafferty, Faye	11 Duluth East		ND NWI

Girls Triple Jump

Record: \$ 37-02 1997		Labernik, Forest Lake			
Name	Year School	Finals	Wind	Points	
1 Hoium, Rachael	11 Hermantown	35-10.00	0.1	10	
2 Mueller, Hannah	12 Cambridge-Is	34-10.50	0.8	8	
3 Justin, Jessica	9 St. Francis	34-08.25	0.3	6	
4 Edwards, Kelly	11 Elk River	34-06.75	0.7	5	
5 Hansen, Zoe	11 Chisago Lake	34-03.75	0.2	4	
6 Smoczyk, Amber	12 Forest Lake	33-03.00	NWI	3	
7 McLain, Mollie	11 Elk River	32-05.75	NWI	2	
8 Ramberg, Becky	11 North Branch	J32-05.75	0.5	1	
9 Carpenter, Morgan	11 Elk River	32-02.25	NWI		
10 Kirchner, Krista	11 Forest Lake	31-11.25	NWI		
11 Lefever, Autumn	10 St. Francis	31-10.00	NWI		
12 Porta, Lily	8 Cambridge-Is	31-09.00	NWI		
13 Jamus, Subah	12 Andover	31-03.75	NWI		
13 Maciver, Jordan	11 Duluth Centr	31-03.75	NWI		
15 Hunt, Ann	10 St. Francis	31-02.75	NWI		
16 Harper, Jess	12 Hermantown	31-02.25	NWI		
17 Freer, Caitlin	9 Forest Lake	31-00.25	NWI		
18 Lyle, Sarah	10 Duluth East	30-10.50	NWI		
18 Smith, Hailey	12 Hibbing	30-10.50	NWI		
20 Petersen, Karley	11 Grand Rapids	30-07.00	NWI		
21 Novak, Lauren	12 Andover	30-04.00	NWI		
22 Nassif, Nadia	12 Cambridge-Is	29-07.50	NWI		
23 Coughlin, Leah	10 Hibbing	29-05.50	NWI		
24 Haas, Emma	12 North Branch	29-05.25	NWI		
25 McGathey, Elizabeth	10 Chisago Lake	29-05.00	NWI		
26 Geislinger, Abbie	9 Grand Rapids	29-04.25	NWI		
27 Karwand, Megan	11 Chisago Lake	28-10.75	NWI		
28 Moynagh-Thompson, Stepha	9 North Branch	28-02.00	NWI		
29 Anderson, Abbie	10 Hermantown	27-11.50	NWI		
30 Gronseth, Allyson	11 Duluth Centr	27-11.00	NWI		
31 Strommen, Lindsay	12 Andover	27-08.25	NWI		
32 Crosser, Sarah	11 Princeton	27-05.50	NWI		
33 Rostvold, Lynn	11 Grand Rapids	27-02.00	NWI		
34 Groebner, Amanda	10 Princeton	26-10.50	NWI		
35 Bates, Erin	9 Duluth East	26-09.00	NWI		
36 Dougherty, Mikelle	10 Hibbing	26-00.25	NWI		
37 Leenay, Jillian	11 Princeton	25-09.75	NWI		
38 Turner, Paige	12 Duluth East	23-07.75	NWI		

Girls Shot Put

Record: \$ 45-05.50 1993 Jamie McKibbon, Hibbing				
Name	Year	School	Finals	Points
1 Ewen, Maggie	10	St. Francis	46-10.00\$	10
2 Anderson, Sam	11	Forest Lake	38-00.50	8
3 Detloff, Molli	9	Elk River	36-06.00	6
4 Lindahl, Adrienne	12	St. Francis	35-06.00	5
5 Holmes, Amy	12	Forest Lake	34-04.25	4
6 Thorndal, Nicole	12	Elk River	34-02.00	3
7 Bird, Amber	12	Duluth East	33-10.00	2
8 Nugent, Samantha	12	Elk River	33-06.00	1
9 Bonasera, Jady	10	Princeton	33-01.00	
10 Santiago-Holboy, Emily	11	Cambridge-Is	32-01.25	
11 Motz, Samantha	10	Forest Lake	32-01.00	
12 Zapzalka, Peyton	11	Andover	31-05.25	
13 Veenstra, Brenna	11	St. Francis	31-04.75	
14 McNallan, MARRISA	10	Andover	31-04.25	
15 Backous, Kailee	10	Andover	31-04.00	
16 Carlson, Jacey	11	Hermantown	31-00.00	
17 Bergstedt, Carmen	11	Hermantown	30-09.00	
18 Helbig, Katherine	12	North Branch	30-01.25	
19 Hawkinson, Erin	12	Chisago Lake	29-11.00	
20 Eidelbes, Erinn	11	Grand Rapids	29-05.50	
21 Strother, CJ	12	Duluth Centr	28-11.75	
22 Schlichting, Jess	12	Hermantown	28-09.75	
23 Stewart, Maureen	10	Duluth East	28-01.00	
24 VanSlyke, Heather	11	Princeton	28-00.50	
25 Hiljus, Ashley	10	Cambridge-Is	27-11.50	
26 Hraban, Felicia	12	Cloquet	27-05.50	
27 Clover, Jessica	9	North Branch	27-05.00	
28 Rust, Tylin	9	Duluth East	27-00.50	
29 Deutsch, Diana	9	Grand Rapids	26-10.00	
30 Filipiak, Faith	10	Grand Rapids	26-09.00	
31 Dougherty, Mikelle	10	Hibbing	26-07.25	
32 Vodvarka, Kelsey	10	Hibbing	26-06.25	
33 Cambell, Amy	11	Cloquet	26-05.00	
34 Barrett, Hannah	10	Chisago Lake	26-03.25	
35 Evans, Ruby	9	Cambridge-Is	25-11.75	
36 Coughlin, Leah	10	Hibbing	25-04.50	
37 Baxter, Monica	9	Princeton	25-01.75	
38 Emery-Snaza, Crystal	10	North Branch	24-06.50	
39 Sandstrom, Molly	10	Chisago Lake	23-04.75	
40 Zylka, Caileigh	12	Duluth Centr	22-06.50	

Girls Discus Throw

Record: \$ 161-04 6/2/2010 Maggie Ewen, StFrancis				
Name	Year	School	Finals	Points
1 Ewen, Maggie	10	St. Francis	165-07\$	10
2 Detloff, Molli	9	Elk River	126-08	8
3 Anderson, Sam	11	Forest Lake	125-05	6
4 Holmes, Amy	12	Forest Lake	112-03	5
5 Thorndal, Nicole	12	Elk River	108-01	4
6 Backous, Kailee	10	Andover	102-06	3
7 Bonasera, Jady	10	Princeton	102-01	2
8 McNallan, MARRISA	10	Andover	97-09	1
9 Vodvarka, Kelsey	10	Hibbing	96-11	
10 Emery-Snaza, Crystal	10	North Branch	96-03	
11 Bird, Amber	12	Duluth East	93-07	
12 VanSlyke, Heather	11	Princeton	92-04	
13 Helbig, Katherine	12	North Branch	92-03	
14 Deutsch, Diana	9	Grand Rapids	91-03	

15	Santiago-Holboy, Emily	11	Cambridge-Is	90-03
16	Strother, CJ	12	Duluth Centr	88-06
17	Eidelbes, Erinn	11	Grand Rapids	87-07
18	Bergstedt, Carmen	11	Hermantown	86-10
19	Hraban, Felicia	12	Cloquet	86-08
19	Veenstra, Brenna	11	St. Francis	86-08
21	Tacheny, Allison	12	Elk River	85-00
22	Zapzalka, Peyton	11	Andover	84-08
23	Roy, Mackenzie	10	Cloquet	83-01
24	Krueger, Allison	9	Cambridge-Is	82-09
25	Plaisance, Tori	11	Forest Lake	81-09
26	Lindahl, Adrienne	12	St. Francis	81-01
27	McGathey, Elizabeth	10	Chisago Lake	80-09
28	Barrett, Hannah	10	Chisago Lake	80-03.50
29	Michelson, Ashley	9	Hermantown	78-09
30	Schlichting, Jess	12	Hermantown	78-07
31	Rust, Tylin	9	Duluth East	76-11
32	Cemensky, Meaghan	10	Grand Rapids	76-02
33	Larson, Catherine	10	North Branch	75-00.50
34	Schultz, Megan	11	Cambridge-Is	74-06
35	McLaughlin, Katie	12	Hibbing	73-06
36	Samuelson, Andrea	12	Duluth Centr	72-06
37	Zylka, Caileigh	12	Duluth Centr	72-03
38	Coughlin, Leah	10	Hibbing	69-00
39	Stewart, Maureen	10	Duluth East	65-11
40	Baxter, Monica	9	Princeton	65-08
41	Wysocki, Whitney	11	Cloquet	59-11
--	Burch, Mary	12	Chisago Lake	ND

Boys 100 Meter Dash

Record: \$ 10.85 6/3/2000 Relando Peco, Duluth Central

Name Year School Prelims Wind H#

Preliminaries

1	Coleman, Quinton	11	Duluth East	10.92Q	NWI	1
2	Lushanko, Cory	12	Chisago Lake	11.17Q	NWI	3
3	Matthews, Dontay	12	St. Francis	11.36Q	NWI	2
4	Tyson, Thomas	11	Forest Lake	11.40Q	NWI	4
5	Zakrajsek, Sean	11	Duluth East	11.46Q	NWI	5
6	Ohaju, Jeff	12	Duluth Centr	11.57Q	NWI	6
7	Brown, Eric	10	Chisago Lake	11.59q	NWI	5
8	Peterson, Brandon	9	Grand Rapids	11.80q	NWI	3
9	Greene, Zach	12	Forest Lake	11.81	NWI	2
10	Solberg, Nicholas	12	Cambridge-Is	11.82	NWI	6
11	McGuire, Daniel	11	Grand Rapids	11.92	NWI	5
12	Westerlund, Ethan	12	Grand Rapids	11.98	NWI	4
13	Anderson, Parker	10	Hermantown	12.02	NWI	3
14	McMahon, Prince	12	Hibbing	12.04	NWI	1
15	Draxten, Dylan	12	St. Francis	12.05	NWI	4
15	Larson, Christopher	9	Andover	12.05	NWI	4
17	Leclair, Samuel	10	Andover	12.08	NWI	2
18	Danielson, Connor	11	Duluth East	12.10	NWI	6
19	Merrick, Matt	11	Hibbing	12.14	NWI	3
20	Behm, Connor	9	Duluth Centr	12.16	NWI	5
20	Royer, Jake	11	Hermantown	12.16	NWI	6
20	Carchedi, Zachary	12	North Branch	12.16	NWI	1
23	Fisher, Nate	11	St. Francis	12.20	NWI	1
24	Otteson, Garrett	11	Duluth Centr	12.29	NWI	2
25	Hiner, Mitch	10	Hermantown	12.30	NWI	1
26	Vitalis, Alex	12	Chisago Lake	12.42	NWI	6
27	Plaistad, Alec	10	Elk River	12.45	NWI	5
28	Westerlund, Cole	11	Andover	12.48	NWI	6
29	Smith, Nick	12	Elk River	12.51	NWI	3
30	Ashley, Rance	10	North Branch	12.54	NWI	4

31 Hanson, Connor	10 Elk River	12.56	NWI	2
31 VanSlyke, Derek	11 Princeton	12.56	NWI	3
33 Warren, Cole	9 Princeton	12.60	NWI	4
34 Coop, Ryan	10 Cambridge-Is	12.65	NWI	4
35 Myllymaa, Cody	11 Cloquet	12.76	NWI	1
36 Kuehn, Matthew	9 Cambridge-Is	12.79	NWI	5
37 Woodward, Kyle	11 Cloquet	12.86	NWI	2
38 Erickson, Jake	11 Hibbing	12.91	NWI	2
39 LeBoeuf, Payden	9 Cloquet	13.82	NWI	5
-- Invie, Eric	12 Forest Lake	DQ	NWI	1

Boys 100 Meter Dash

Record: \$ 10.85 6/3/2000 Relando Peco, Duluth Central					
Name	Year	School	Finals	Wind	Points

Finals

1 Coleman, Quinton	11	Duluth East	10.90	0.6	10
2 Matthews, Dontay	12	St. Francis	11.03	0.6	8
3 Lushanko, Cory	12	Chisago Lake	11.04	0.6	6
4 Tyson, Thomas	11	Forest Lake	11.16	0.6	5
5 Zakrajsek, Sean	11	Duluth East	11.31	0.6	4
6 Ohaju, Jeff	12	Duluth Centr	11.42	0.6	3
7 Brown, Eric	10	Chisago Lake	11.54	0.6	2
8 Peterson, Brandon	9	Grand Rapids	11.80	0.6	1

Boys 200 Meter Dash

Record: \$ 21.77 6/3/2000 Relando Peco, Duluth Central					
Name	Year	School	Prelims	Wind	H#

Preliminaries

1 Matthews, Dontay	12	St. Francis	22.28Q	NWI	2
2 Coleman, Quinton	11	Duluth East	22.30Q	NWI	4
3 Tyson, Thomas	11	Forest Lake	22.80Q	NWI	1
4 Lushanko, Cory	12	Chisago Lake	23.00Q	NWI	3
5 Chouinard, Cory	12	Elk River	23.20Q	NWI	5
6 Ohaju, Jeff	12	Duluth Centr	23.47q	NWI	2
7 Rich, Carr	10	Forest Lake	23.65q	NWI	4
8 Moran, Patrick	11	Forest Lake	23.83q	NWI	2
9 McGuire, Daniel	11	Grand Rapids	23.84	NWI	1
10 Westerlund, Ethan	12	Grand Rapids	23.87	NWI	2
11 Holbrook, Zach	12	Elk River	23.94	NWI	2
12 Luken, Damon	12	St. Francis	23.97	NWI	4
13 Sanchez, Cameron	10	Andover	23.98	NWI	3
14 Butcher, Brad	10	Cloquet	24.00	NWI	3
15 Anderson, Jared	11	Cloquet	24.15	NWI	5
16 Shermer, Jake	12	Hermantown	24.20	NWI	5
17 Koester, Mitch	11	Andover	24.21	NWI	1
18 Hoff, Phillip	12	Elk River	24.37	NWI	4
18 Mielke, Eric	12	Cambridge-Is	24.37	NWI	3
20 Peterson, Brandon	9	Grand Rapids	24.44	NWI	4
21 Daniels, Kish	12	Cambridge-Is	24.52	NWI	5
22 Carchedi, Zachary	12	North Branch	24.61	NWI	2
23 Nelson, Scott	11	Duluth Centr	24.79	NWI	3
24 McMahan, Prince	12	Hibbing	24.82	NWI	1
25 Fisher, Nate	11	St. Francis	24.85	NWI	3
26 Houghton, Ben	10	Hibbing	24.86	NWI	5
27 Leclair, Samuel	10	Andover	24.91	NWI	4
28 Ceroll, Tony	12	North Branch	25.09	NWI	1
29 Close, Chad	11	Chisago Lake	25.33	NWI	2
30 Whiting, Graham	11	Duluth Centr	25.35	NWI	5
31 Mathews, Devin	10	Cambridge-Is	25.58	NWI	1
32 Milbridge-Scott, Ammon	11	Duluth East	25.66	NWI	1
33 Sinnott, Josh	9	Hibbing	25.85	NWI	4

34 Ashley, Rance	10 North Branch	25.86	NWI	5
35 Lane, Marc	9 Duluth East	26.13	NWI	5
36 Vittorio, Nick	11 Hermantown	26.16	NWI	3
37 Hoffer, Nate	10 Princeton	26.24	NWI	3
38 Riesner, Jon	10 Cloquet	26.32	NWI	2
39 Prisk, Garrett	11 Hermantown	26.53	NWI	4

Boys 200 Meter Dash

Record: \$ 21.77 6/3/2000 Relando Peco, Duluth Central					
Name	Year	School	Finals	Wind	Points
Finals					
1 Coleman, Quinton	11	Duluth East	22.23	-0.7	10
2 Matthews, Dontay	12	St. Francis	22.24	-0.7	8
3 Lushanko, Cory	12	Chisago Lake	22.53	-0.7	6
4 Tyson, Thomas	11	Forest Lake	22.71	-0.7	5
5 Chouinard, Cory	12	Elk River	22.95	-0.7	4
6 Ohaju, Jeff	12	Duluth Centr	23.37	-0.7	3
7 Rich, Carr	10	Forest Lake	23.53	-0.7	2
8 Moran, Patrick	11	Forest Lake	23.74	-0.7	1

Boys 400 Meter Dash

Record: \$ 49.54 1983 Lewis, Duluth East					
Name	Year	School	Prelims	H#	
Preliminaries					
1 Albright, Mason	12	Andover	51.15Q	2	
2 McKenzie, Luke	11	Chisago Lake	53.24Q	4	
3 Tradewell, Jordan	12	St. Francis	53.45Q	6	
4 Mansmith, Andrew	11	Forest Lake	53.63Q	5	
5 Magomolla, Zakayo	12	Duluth East	53.72Q	3	
6 Anderson, Jared	11	Cloquet	53.73Q	1	
7 Schuder, Caleb	12	Duluth East	53.44q	2	
8 Brown, Joseph	12	St. Francis	53.88q	5	
9 Ceroll, Tony	12	North Branch	54.25	6	
10 Jerkovich, Tyler	9	Hibbing	54.29	4	
11 Filipovich, Riley	10	Elk River	54.33	1	
12 Seafolk, Matthew	11	Cambridge-Is	54.89	5	
13 Vopat, Jon	12	Cloquet	55.01	2	
14 Wilkerson, Kyle	10	Chisago Lake	55.43	6	
15 Monteanau, Andrew	10	Forest Lake	55.45	2	
16 Bibeau, Jason	9	Grand Rapids	55.46	2	
17 Long, Ben	11	Forest Lake	55.50	3	
18 Barzen-Hanson, Kyle	11	Grand Rapids	55.69	6	
19 Berkelman, Zach	12	Duluth Centr	55.74	1	
20 Balcom, Aaron	9	Elk River	56.03	6	
21 Rood, Alexander	12	Cambridge-Is	56.17	1	
22 Chuba, Devin	12	Elk River	56.26	4	
23 Sargeant, Jeffrey	12	Chisago Lake	56.42	3	
24 Prout, Lincoln	9	Duluth Centr	56.43	3	
25 Hawkinson, Greg	11	Grand Rapids	56.74	5	
26 Cummings, Austin	9	Andover	57.00	3	
27 Larson, Christopher	9	Andover	57.13	4	
28 Degerstrom, Blake	11	North Branch	57.15	4	
29 Thauwald, Brandon	9	North Branch	57.47	2	
30 Struckman, Nate	11	Hermantown	57.51	2	
31 Cole, Anthony	9	St. Francis	57.56	1	
32 Pelofske, Tyler	9	Hermantown	57.74	5	
33 Erickson, Cory	9	Duluth East	57.99	1	
34 Erickson, Rylan	11	Princeton	58.05	6	
35 Hacker, Ed	11	Hibbing	58.09	1	
36 Lyzhof, Alexander	11	Cambridge-Is	58.53	4	
37 Hoffer, Trent	12	Princeton	59.25	3	

38 Johnson, Spencer	10 Hermantown	1:00.32	3
39 Streeter, Jackson	9 Hibbing	1:01.52	5
40 Hamilton, Joe	12 Cloquet	1:02.45	4
-- Whiting, Graham	11 Duluth Centr	DQ	5

Boys 400 Meter Dash

Record: \$ 49.54 1983 Lewis, Duluth East			
Name	Year	School	Finals Points
Finals			
1 Albright, Mason	12	Andover	49.86 10
2 Anderson, Jared	11	Cloquet	50.84 8
3 Magomolla, Zakayo	12	Duluth East	51.59 6
4 Tradewell, Jordan	12	St. Francis	51.81 5
5 Mansmith, Andrew	11	Forest Lake	52.18 4
6 McKenzie, Luke	11	Chisago Lake	52.21 3
7 Schuder, Caleb	12	Duluth East	52.88 2
8 Brown, Joseph	12	St. Francis	53.10 1

Boys 800 Meter Run

Record: \$ 1:56.33 6/3/2000 Bill Bowers, Chisago Lakes			
Name	Year	School	Prelims
Preliminaries			
1 Jackson, Joe	11	Forest Lake	1:59.27Q
2 McKenzie, Luke	11	Chisago Lake	1:59.48Q
3 Kero, Matt	12	Duluth Centr	2:00.23Q
4 Westerberg, Sam	12	Cambridge-Is	2:00.64Q
5 Dentremont, Phillip	12	Forest Lake	2:01.28Q
6 Trapp, Ryan	10	Elk River	2:02.30Q
7 Herbert, Eric	12	Forest Lake	2:02.18Q
8 Galligan, Trevor	11	Cambridge-Is	2:03.18Q
9 Duemke, Thomas	12	Andover	2:03.44Q
10 Bocht, Jake	10	Duluth East	2:03.99q
11 Blonigen, Vince	12	St. Francis	2:04.48q
12 Olsen, Grant	9	St. Francis	2:04.53q
13 Cotter, Steven	10	Andover	2:04.70
14 Lorimer, Marcus	12	Andover	2:04.92
15 Muelbauer, Joe	10	Hermantown	2:05.65
16 Burdorf, Ben	11	St. Francis	2:06.88
17 Lepisto, Matt	10	Duluth Centr	2:07.69
18 Rudberg, Andy	9	Hibbing	2:07.90
19 Ray, Chad	11	Hibbing	2:08.31
20 Fitcha, Erik	12	North Branch	2:09.04
21 Bradshaw, Steven	10	Duluth Centr	2:10.51
22 Lane, Reegan	9	Cambridge-Is	2:10.59
23 Wold, Carl	11	Princeton	2:11.65
24 Kunz, Brian	10	Princeton	2:11.82
25 Avenson, Jake	9	Grand Rapids	2:13.43
26 Engen, Nicholas	9	Grand Rapids	2:13.69
27 Petrich, Joey	12	Elk River	2:14.31
28 Gieske, Caleb	12	Chisago Lake	2:14.97
29 Konczal, Andrew	11	Elk River	2:15.14
30 Fenstermacher, Joey	8	Hibbing	2:16.35
31 Amundson, Jon	11	North Branch	2:17.90
32 Bray, Charlie	10	Duluth East	2:18.11
33 Langenfeld, Nicholas	9	Princeton	2:18.68
34 Washburn, Kurtis	11	Grand Rapids	2:18.84
35 Longseth, Sam	11	Cloquet	2:19.55
36 Thomas, Robert	9	North Branch	2:20.16
37 Rauzi, Lino	9	Duluth East	2:21.87
38 Shimmin, Brandon	12	Hermantown	2:24.41
39 Crowser, Logan	9	Cloquet	2:25.13

40 Borndal, Steven	12 Hermantown	2:31.41
-- Magnuson, Joshua	11 Chisago Lake	NT
-- Peterson, Aaron	10 Cloquet	DQ

Boys 800 Meter Run

Record: \$ 1:56.33 6/3/2000 Bill Bowers, Chisago Lakes				
Name	Year	School	Finals	Points
Finals				
1 Jackson, Joe	11	Forest Lake	1:57.24	10
2 McKenzie, Luke	11	Chisago Lake	1:58.61	8
3 Trapp, Ryan	10	Elk River	2:00.51	6
4 Galligan, Trevor	11	Cambridge-Is	2:01.99	5
5 Dentremont, Phillip	12	Forest Lake	2:04.35	4
6 Kero, Matt	12	Duluth Centr	2:04.41	3
7 Herbert, Eric	12	Forest Lake	2:04.60	2
8 Duemke, Thomas	12	Andover	2:04.67	1
9 Olsen, Grant	9	St. Francis	2:06.59	
10 Bocht, Jake	10	Duluth East	2:10.46	
11 Blonigen, Vince	12	St. Francis	2:11.18	

Boys 1600 Meter Run

Record: \$ 4:14.02 1995 Jay Schoenfeld, Duluth East				
Name	Year	School	Finals	Points
1 Zutz, Adam	12	St. Francis	4:16.75	10
2 Kero, Matt	12	Duluth Centr	4:29.17	8
3 Hellmann, Kurt	11	Andover	4:30.62	6
4 Meados, Christopher	9	Andover	4:30.64	5
5 Fisher, Mitch	11	Andover	4:34.99	4
6 Magnuson, Andrew	9	Chisago Lake	4:35.75	3
7 Bocht, Jake	10	Duluth East	4:36.30	2
8 Blonigen, Vince	12	St. Francis	4:38.74	1
9 Erdahl, Dallas	12	Elk River	4:41.45	
10 Jankowski, Jacob	10	Forest Lake	4:45.04	
11 Charpentier, Colin	12	North Branch	4:45.41	
12 Illg, Joseph	12	Cambridge-Is	4:46.36	
13 Trapp, Lucas	7	Elk River	4:47.42	
14 Stevens, Eric	12	Elk River	4:48.41	
15 Lepisto, Matt	10	Duluth Centr	4:48.87	
16 Wold, Carl	11	Princeton	4:51.18	
17 Marvel, Dylan	9	Cloquet	4:51.29	
18 Israel, Luke	10	Duluth East	4:51.80	
19 Cottingham, Colin	10	Grand Rapids	4:53.02	
20 Avenson, Jake	9	Grand Rapids	4:55.95	
21 Ebel, Jack	10	Forest Lake	4:56.43	
22 Lafontaine, Tyler	11	Hermantown	4:58.50	
23 McCormick, Kyle	11	Cambridge-Is	4:59.71	
24 Maercher, Lukas	12	Grand Rapids	5:00.15	
25 Jacques, Aaron	10	St. Francis	5:01.61	
26 Arens, Chase	8	Princeton	5:02.64	
27 Maki, Will	9	Hibbing	5:03.86	
28 Amundson, Jon	11	North Branch	5:06.00	
29 Larsen, Kai	10	Duluth Centr	5:08.66	
30 Olinger, Joshua	12	Chisago Lake	5:09.06	
31 Kunz, Brian	10	Princeton	5:10.73	
32 Codner, Darren	10	Cambridge-Is	5:10.86	
33 Peno, Zachariah	10	North Branch	5:12.26	
34 Merrier, Nathan	11	Forest Lake	5:14.69	
35 Lind, Ryan	11	Hibbing	5:17.14	
36 Gronseth, Dillen	10	Hermantown	5:20.08	
37 Ray, Luke	7	Hibbing	5:35.26	
38 Borndal, Steven	12	Hermantown	5:43.62	

Boys 3200 Meter Run

Record: \$ 9:13.57 1995 Jay Schoenfeld, Duluth East				
Name	Year	School	Finals	Points
1 Zutz, Adam	12	St. Francis	9:48.26	10
2 Nielsen, Dan	12	Andover	9:53.45	8
3 Eifert, William	12	Cambridge-Is	10:02.28	6
4 Gust, Zach	12	Andover	10:06.84	5
5 Hellmann, Kurt	11	Andover	10:08.75	4
6 Magnuson, Andrew	9	Chisago Lake	10:09.79	3
7 Erdahl, Dallas	12	Elk River	10:12.61	2
8 Jankowski, Jacob	10	Forest Lake	10:31.61	1
9 Cottingham, Colin	10	Grand Rapids	10:33.62	
10 Nordahl, Mitchel	12	Elk River	10:42.32	
11 Maercher, Lukas	12	Grand Rapids	10:49.26	
12 Israel, Luke	10	Duluth East	10:49.42	
13 Ebel, Jack	10	Forest Lake	10:50.05	
14 Charpentier, Colin	12	North Branch	10:56.07	
15 Tapa, Darrell	11	Duluth East	11:00.36	
16 Edstrom, James	11	Cambridge-Is	11:00.62	
17 Arens, Chase	8	Princeton	11:05.18	
18 Anderson, Joseph	11	St. Francis	11:07.40	
19 Dowd, Patrick	11	Duluth Centr	11:08.25	
20 McCormick, Kyle	11	Cambridge-Is	11:08.67	
21 Swanson, Erik	10	Cloquet	11:13.44	
22 Kemp, Colin	9	Hibbing	11:15.06	
23 Francois-King, Keenan	10	Grand Rapids	11:15.91	
24 Thompson, Blake	11	Elk River	11:16.72	
25 Kucera, Neal	10	Duluth Centr	11:20.16	
26 Merrier, Nathan	11	Forest Lake	11:21.85	
27 Osterberg, Carl	9	Chisago Lake	11:22.46	
28 Yonak, Ryan	10	Princeton	11:28.47	
29 Charpentier, Ean	10	North Branch	11:29.66	
30 Tiedke, Mitch	11	St. Francis	11:33.10	
31 Gronseth, Dillen	10	Hermantown	11:34.18	
32 Hren, Chase	9	Hermantown	11:36.25	
33 Huebsch, Michael	9	Princeton	11:41.96	
34 French, Henry	8	Duluth East	11:47.54	
35 Larson, Chris	10	Cloquet	11:59.42	
36 Heidelberger, Branden	11	North Branch	12:03.62	
37 Johnson, Tyler	9	Hermantown	12:12.77	
38 Gooden, Eric	9	Hibbing	12:17.94	
39 Yoki, Kylan	8	Hibbing	12:23.41	
40 Peterson, Marcus	10	Chisago Lake	12:34.71	

Boys 110 Meter Hurdles

Record: \$ 14.54 1971 George Lange, Cloquet				
Name	Year	School	Prelims	Wind H#
Preliminaries				
1 Crutch, DeShawn	11	Andover	15.50Q	NWI 1
2 Peterson, Tim	12	Elk River	15.65Q	NWI 4
3 Hass, Dylan	12	Princeton	15.70Q	NWI 3
4 Walton, Cody	10	Forest Lake	16.05Q	NWI 2
5 Egelkraut, Aaron	11	Forest Lake	16.22Q	NWI 5
6 Mansmith, Andrew	11	Forest Lake	16.03q	NWI 3
7 Ferrell, Sean	11	Cloquet	16.32q	NWI 4
8 Andres, Matthew	12	Cambridge-Is	16.62q	NWI 1
9 Riehl, Remington	11	Andover	16.64	NWI 2
10 Illikainen, Chad	10	Hermantown	16.92	NWI 1
11 Wood, Grant	10	Andover	16.94	NWI 3
12 Kalk, Jordan	11	Cambridge-Is	17.03	NWI 4

13	Anderson, Corey	11	Hermantown	17.13	NWI	2
14	Straub, Landen	11	Cloquet	17.17	NWI	5
15	Halverson, Ben	9	Duluth Centr	17.25	NWI	1
16	Markey, Jonathan	11	Grand Rapids	17.29	NWI	4
17	Leaf, Ben	11	Princeton	17.42	NWI	4
18	Wek, Austen	9	North Branch	17.49	NWI	5
19	Johnson, Kaj	12	North Branch	17.66	NWI	2
20	Johnson, Jerimiah	10	Cambridge-Is	17.76	NWI	2
21	Eich, Zach	12	St. Francis	17.87	NWI	4
22	Merrick, Matt	11	Hibbing	17.93	NWI	1
23	Cross, Derek	10	Elk River	18.25	NWI	5
24	Van Overbeke, Andrew	12	St. Francis	18.34	NWI	3
25	Lewis, Cole	10	Grand Rapids	18.50	NWI	1
26	Koerbitz, Nick	11	Grand Rapids	18.51	NWI	5
27	Burger, Rob	9	Elk River	18.74	NWI	2
28	Jacobson, Riley	9	North Branch	18.89	NWI	3
29	Hermanson, Carl	12	St. Francis	19.05	NWI	5
30	Sorell, Jonah	11	Duluth Centr	19.41	NWI	2
31	Milbridge-Scott, Jesse	9	Duluth East	19.80	NWI	1
32	Clark, Dylan	12	Cloquet	20.43	NWI	3
33	VanOvermeiren, Andrew	10	Duluth Centr	20.44	NWI	5
34	Kelly, Josh	11	Duluth East	20.60	NWI	4
35	Kimball, Hunter	10	Hermantown	21.01	NWI	3
36	Gustafson, Sam	11	Hibbing	21.11	NWI	5
37	Smith, Hunter	10	Duluth East	21.56	NWI	2

Boys 110 Meter Hurdles

=====						
Record: \$ 14.54		1971	George Lange, Cloquet			
Name	Year	School	Finals	Wind	Points	
=====						
Finals						
1	Crutch, DeShawn	11	Andover	15.09	-1.2	10
2	Hass, Dylan	12	Princeton	15.37	-1.2	8
3	Peterson, Tim	12	Elk River	15.77	-1.2	6
4	Egelkraut, Aaron	11	Forest Lake	15.89	-1.2	5
5	Walton, Cody	10	Forest Lake	15.91	-1.2	4
6	Mansmith, Andrew	11	Forest Lake	15.92	-1.2	3
7	Ferrell, Sean	11	Cloquet	16.45	-1.2	2
8	Andres, Matthew	12	Cambridge-Is	16.60	-1.2	1

Boys 300 Meter Hurdles

=====						
Record: \$ 39.01		6/1/2002	PJ Nelson, Grand Rapids			
Name	Year	School	Prelims	H#		
=====						
Preliminaries						
1	Hass, Dylan	12	Princeton	40.46Q		1
2	Walton, Cody	10	Forest Lake	40.72Q		2
3	Johannessen, Luke	12	Duluth Centr	41.59Q		3
4	Peterson, Tim	12	Elk River	42.00Q		5
5	Crutch, DeShawn	11	Andover	42.56Q		4
6	Grace, Logan	10	Elk River	41.35q		1
7	Andres, Matthew	12	Cambridge-Is	41.79q		2
8	Koerbitz, Nick	11	Grand Rapids	42.76q		4
9	Egelkraut, Aaron	11	Forest Lake	42.89		1
10	Golla, Casey	12	Cambridge-Is	43.23		5
11	Johnson, Kaj	12	North Branch	43.24		3
12	Wood, Grant	10	Andover	43.87		3
13	Riehl, Remington	11	Andover	43.91		2
14	Gulbranson, Per	11	Chisago Lake	44.93		5
15	Sorell, Jonah	11	Duluth Centr	44.97		2
16	Wellman, Sam	10	St. Francis	45.03		5
17	Urban, Michael	11	Forest Lake	45.16		4
18	Straub, Landen	11	Cloquet	45.50		3

19	Gadbois, Chase	11	Chisago Lake	45.68	3
20	Bjorklund, Zach	11	Grand Rapids	45.75	2
21	Lindenfelser, Chase	10	Princeton	45.78	2
22	Illikainen, Chad	10	Hermantown	46.21	1
23	Van Overbeke, Andrew	12	St. Francis	46.22	3
24	Halverson, Ben	9	Duluth Centr	46.69	1
25	Markey, Jonathan	11	Grand Rapids	46.95	5
26	Wek, Austen	9	North Branch	47.15	1
27	Ferrell, Sean	11	Cloquet	47.27	1
28	Leaf, Ben	11	Princeton	47.28	5
29	Burger, Rob	9	Elk River	47.78	4
30	Johnson, Jerimiah	10	Cambridge-Is	47.86	4
31	Jacobson, Riley	9	North Branch	48.12	2
32	Eich, Zach	12	St. Francis	48.37	4
33	Gustafson, Sam	11	Hibbing	50.51	5
34	Kelly, Josh	11	Duluth East	50.73	3
35	Milbridge-Scott, Jesse	9	Duluth East	50.88	4
36	Smith, Hunter	10	Duluth East	51.13	5
37	Kimball, Hunter	10	Hermantown	52.40	4
38	Trout, Tyler	9	Cloquet	52.64	2
39	Ruhanen, Tristan	9	Hermantown	54.09	3

Boys 300 Meter Hurdles

=====					
Record: \$ 39.01		6/1/2002	PJ Nelson, Grand Rapids		
Name	Year	School	Finals	Points	
=====					
Finals					
1	Hass, Dylan	12	Princeton	39.76	10
2	Walton, Cody	10	Forest Lake	39.80	8
3	Johannessen, Luke	12	Duluth Centr	39.84	6
4	Crutch, DeShawn	11	Andover	40.75	5
5	Andres, Matthew	12	Cambridge-Is	41.06	4
6	Peterson, Tim	12	Elk River	41.96	3
7	Koerbitz, Nick	11	Grand Rapids	42.05	2
8	Grace, Logan	10	Elk River	42.32	1

Boys 4x100 Meter Relay

=====					
Record: \$ 42.94		6/1/2008	Forest Lake, Forest Lake		
		M Koenig, D Keep, D Blaser, D Grant			
School			Finals	H#	Points
=====					
1	St. Francis 'A'		43.92	2	10
	1) Draxten, Dylan 12	2) Putz-Gittins, Curtis 12			
	3) Luken, Damon 12	4) Matthews, Dontay 12			
	5) Tradewell, Jordan 12	6) Fisher, Nate 11			
2	Forest Lake 'A'		44.31	2	8
	1) Greene, Zach 12	2) Massey, Tyler 12			
	3) Tyson, Thomas 11	4) Invie, Eric 12			
3	Duluth Central 'A'		44.37	2	6
	1) Ohaju, Jeff 12	2) Johannessen, Luke 12			
	3) Nelson, Scott 11	4) Behm, Connor 9			
4	Elk River 'A'		44.77	2	5
	1) Smith, Nick 12	2) Chouinard, Cory 12			
	3) Holbrook, Zach 12	4) Sullivan, Dylan 11			
5	Andover 'A'		45.32	2	4
	1) Sanchez, Cameron 10	2) Larson, Christopher 9			
	3) Lorch, Austin 9	4) Koester, Mitch 11			
6	Grand Rapids 'A'		45.39	2	3
	1) McGuire, Daniel 11	2) Peterson, Brandon 9			
	3) Mangni, Eli 9	4) Westerlund, Ethan 12			
7	Hermantown 'A'		45.52	1	2
	1) Royer, Jake 11	2) Anderson, Parker 10			
	3) Hiner, Mitch 10	4) Shermer, Jake 12			

8	Cambridge-Isanti 'A'	46.07	2	1
	1) Mielke, Eric 12		2) Codner, Jason 12	
	3) Daniels, Kish 12		4) Solberg, Nicholas 12	
9	Chisago Lakes Area 'A'	46.68	2	
	1) Sargeant, Jeffrey 12		2) Vitalis, Alex 12	
	3) Brown, Eric 10		4) Close, Chad 11	
10	Duluth East 'A'	47.42	1	
	1) Danielson, Connor 11		2) Lane, Marc 9	
	3) Milbridge-Scott, Ammon 11		4) Pillsbury, Eric 9	
11	Princeton 'A'	47.71	1	
	1) Lindenfelser, Chase 10		2) McClay, Billy 9	
	3) VanSlyke, Derek 11		4) Warren, Cole 9	
12	North Branch 'A'	47.92	1	
	1) Neumann, Carl 11		2) Ashley, Rance 10	
	3) Smith, Zackary 12		4) Carchedi, Zachary 12	
13	Cloquet 'A'	48.78	1	
	1) Myllymaa, Cody 11		2) Rikkola, Andrew 11	
	3) Robnik, David 12		4) Woodward, Kyle 11	
14	Hibbing 'A'	48.83	1	
	1) Erickson, Jake 11		2) Greenwood, Jared 12	
	3) Sinnott, Josh 9		4) Swanson, Justin 12	

Boys 4x200 Meter Relay

Record: \$ 1:30.51 6/1/2008 Forest Lake, Forest Lake
B Brambilla, D Blaser, J Nielsen, D Keep

School	Finals	H#	Points
1 Andover 'A'	1:31.98	2	10
	1) Albright, Mason 12	2) Crutch, DeShawn 11	
	3) Wenberg, Ben 11	4) Sanchez, Cameron 10	
2 Duluth East 'A'	1:32.09	2	8
	1) Coleman, Quinton 11	2) Magomolla, Zakayo 12	
	3) Schuder, Caleb 12	4) Zakrajsek, Sean 11	
3 Chisago Lakes Area 'A'	1:32.28	2	6
	1) Lushanko, Cory 12	2) Wilkerson, Kyle 10	
	3) Brown, Eric 10	4) McKenzie, Luke 11	
4 St. Francis 'A'	1:32.48	2	5
	1) Luken, Damon 12	2) Tradewell, Jordan 12	
	3) Putz-Gittins, Curtis 12	4) Draxten, Dylan 12	
5 Elk River 'A'	1:32.50	2	4
	1) Chouinard, Cory 12	2) Hoff, Phillip 12	
	3) Holbrook, Zach 12	4) Grace, Logan 10	
6 Forest Lake 'A'	1:33.12	2	3
	1) Greene, Zach 12	2) Massey, Tyler 12	
	3) Rich, Carr 10	4) Walton, Cody 10	
7 North Branch 'A'	1:33.98	2	2
	1) Ceroll, Tony 12	2) Degerstrom, Blake 11	
	3) Leason, David 12	4) Eastwood, Seth 11	
8 Cambridge-Isanti 'A'	1:36.31	2	1
	1) Mielke, Eric 12	2) Daniels, Kish 12	
	3) Codner, Jason 12	4) Solberg, Nicholas 12	
9 Hibbing 'A'	1:37.34	1	
	1) McMahan, Prince 12	2) Merrick, Matt 11	
	3) Dougherty, Brennan 12	4) Jerkovich, Tyler 9	
10 Duluth Central 'A'	1:38.12	1	
	1) Swenson, Derek 9	2) Prout, Lincoln 9	
	3) Otteson, Garrett 11	4) Berkelman, Zach 12	
11 Princeton 'A'	1:39.29	1	
	1) Erickson, Rylan 11	2) Moore, Aaron 12	
	3) VanSlyke, Derek 11	4) Hoffer, Trent 12	
12 Grand Rapids 'A'	1:39.36	1	
	1) Mangni, Eli 9	2) DeHut, Tyler 11	
	3) Barzen-Hanson, Kyle 11	4) Hawkinson, Greg 11	
13 Cloquet 'A'	1:40.67	1	

1) Woodward, Kyle 11	2) Vopat, Jon 12		
3) Riesner, Jon 10	4) Myllymaa, Cody 11		
14 Hermantown 'A'		1:42.36	1
1) Royer, Jake 11	2) Giunto, Andrea 12		
3) Kucza, Cory 12	4) Shermer, Jake 12		

Boys 4x400 Meter Relay

=====			
Record: \$ 3:26.41 6/4/2005 Anoka, Anoka			
T Peterson, R Ross, D Tilton, J Hancock			
School		Finals	H# Points
=====			
1 Duluth Central 'A'		3:28.71	2 10
1) Whiting, Graham 11	2) Johannessen, Luke 12		
3) Kero, Matt 12	4) Behm, Connor 9		
2 Andover 'A'		3:28.91	2 8
1) Albright, Mason 12	2) Wenberg, Ben 11		
3) Lorch, Austin 9	4) Nielsen, Dan 12		
3 Forest Lake 'A'		3:29.93	2 6
1) Mansmith, Andrew 11	2) Herbert, Eric 12		
3) Long, Ben 11	4) Jackson, Joe 11		
4 Duluth East 'A'		3:30.10	2 5
1) Bocht, Jake 10	2) Magomolla, Zakayo 12		
3) Schuder, Caleb 12	4) Zakrajsek, Sean 11		
5 St. Francis 'A'		3:31.43	2 4
1) Brown, Joseph 12	2) Tradewell, Jordan 12		
3) Zutz, Adam 12	4) Putz-Gittins, Curtis 12		
6 Elk River 'A'		3:34.92	2 3
1) Trapp, Ryan 10	2) Grace, Logan 10		
3) Filipovich, Riley 10	4) Ndege, Fanaka 10		
7 Cloquet 'A'		3:38.10	1 2
1) Marvel, Dylan 9	2) Butcher, Brad 10		
3) Vopat, Jon 12	4) Anderson, Jared 11		
8 Cambridge-Isanti 'A'		3:39.02	2 1
1) Westerberg, Sam 12	2) Galligan, Trevor 11		
3) Andres, Matthew 12	4) Golla, Casey 12		
9 North Branch 'A'		3:41.23	1
1) Thauwald, Brandon 9	2) Eastwood, Seth 11		
3) Degerstrom, Blake 11	4) Johnson, Kaj 12		
10 Grand Rapids 'A'		3:43.16	1
1) Koerbitz, Nick 11	2) DeHut, Tyler 11		
3) Barzen-Hanson, Kyle 11	4) Hawkinson, Greg 11		
11 Chisago Lakes Area 'A'		3:44.17	2
1) Wilkerson, Kyle 10	2) Sargeant, Jeffrey 12		
3) Gulbranson, Per 11	4) Fowler-Wacholz, Jordan 12		
12 Princeton 'A'		3:45.58	1
1) Erickson, Rylan 11	2) Lindenfelser, Chase 10		
3) Moore, Aaron 12	4) Hass, Dylan 12		
13 Hibbing 'A'		3:45.60	1
1) Houghton, Ben 10	2) Dougherty, Brennan 12		
3) Hacker, Ed 11	4) Sinnott, Josh 9		
14 Hermantown 'A'		3:47.01	1
1) Giunto, Andrea 12	2) Kucza, Cory 12		
3) Pelofske, Tyler 9	4) Muelbauer, Joe 10		

Boys 4x800 Meter Relay

=====			
Record: \$ 8:01.07 6/3/2007 North Branch, North Branch			
A Cedergren, J Koerber, C Good, N Ramberg			
School		Finals	Points
=====			
1 Forest Lake 'A'		8:06.33	10
1) Herbert, Eric 12	2) Dentremont, Phillip 12		
3) Long, Ben 11	4) Jackson, Joe 11		
2 Cambridge-Isanti 'A'		8:13.97	8

1) Westerberg, Sam 12	2) Galligan, Trevor 11		
3) Seafolk, Matthew 11	4) Eifert, William 12		
3 Andover 'A'		8:18.28	6
1) Duemke, Thomas 12	2) Nielsen, Dan 12		
3) Cotter, Steven 10	4) Kast, Andy 12		
4 St. Francis 'A'		8:33.20	5
1) Burdorf, Ben 11	2) Hodgman, Trevor 11		
3) Jacques, Aaron 10	4) Olsen, Grant 9		
5 Elk River 'A'		8:47.44	4
1) Ndege, Fanaka 10	2) Konczal, Andrew 11		
3) Peterson, Max 12	4) Balcom, Aaron 9		
6 Hibbing 'A'		8:52.85	3
1) Rudberg, Andy 9	2) Ray, Chad 11		
3) Fenstermacher, Joey 8	4) Maki, Will 9		
7 Duluth Central 'A'		8:56.62	2
1) Hanka, Sergei 10	2) Braack, Zack 10		
3) Braack, Boston 10	4) Bradshaw, Steven 10		
8 Hermantown 'A'		8:57.64	1
1) Muelbauer, Joe 10	2) Lafontaine, Tyler 11		
3) Shimmin, Brandon 12	4) Struckman, Nate 11		
9 Cloquet 'A'		9:04.36	
1) Peterson, Aaron 10	2) Larson, Chris 10		
3) Butcher, Brad 10	4) Marvel, Dylan 9		
10 Duluth East 'A'		9:09.93	
1) Bray, Charlie 10	2) Erickson, Cory 9		
3) Faerber, Sean 11	4) Rauzi, Lino 9		
11 Grand Rapids 'A'		9:16.20	
1) Bibeau, Jason 9	2) Washburn, Kurtis 11		
3) Engen, Nicholas 9	4) Burt, John 11		
12 North Branch 'A'		9:19.57	
1) Fitcha, Erik 12	2) Thomas, Robert 9		
3) Crowell, Kyle 9	4) Charpentier, Ean 10		
13 Chisago Lakes Area 'A'		9:23.91	
1) Olinger, Joshua 12	2) Velaski, Carson 9		
3) Tengwall, Peter 11	4) Gieske, Caleb 12		
14 Princeton 'A'		9:45.79	
1) Collins, Ian 10	2) Huebsch, Michael 9		
3) Langenfeld, Nicholas 9	4) Yonak, Ryan 10		

Boys High Jump

=====				
Record: \$	6-10	1980	Rauker, Duluth East	
Name	Year	School	Finals	Points
=====				
1 Hass, Dylan	12	Princeton	6-03.00	10
2 Kalk, Forrest	11	Cambridge-Is	6-02.00	8
3 Walton, Cody	10	Forest Lake	6-00.00	6
4 Kalk, Jordan	11	Cambridge-Is	J6-00.00	5
5 Macfarlane, Nicholas	10	Andover	5-10.00	4
6 Anderson, Corey	11	Hermantown	J5-10.00	3
7 Hoff, Phillip	12	Elk River	5-08.00	2
8 Anderson, Jared	11	Cloquet	J5-08.00	1
9 Tengwall, Peter	11	Chisago Lake	J5-08.00	
10 Bradshaw, Steven	10	Duluth Centr	5-06.00	
10 Hanson, Connor	10	Elk River	5-06.00	
10 Filipovich, Riley	10	Elk River	5-06.00	
10 Rud, Justin	10	Cambridge-Is	5-06.00	
10 Rudberg, Andy	9	Hibbing	5-06.00	
10 Roy, Zach	11	Andover	5-06.00	
10 Erickson, Rylan	11	Princeton	5-06.00	
17 Rodenberg, Sam	9	Grand Rapids	5-04.00	
17 Koester, Mitch	11	Andover	5-04.00	
17 Laine, Adam	9	Cloquet	5-04.00	
17 Leslie, Micah	11	Grand Rapids	5-04.00	
17 Hacker, Brian	12	Hibbing	5-04.00	

17 Thauwald, Brandon	9 North Branch	5-04.00
17 Anderson, Parker	10 Hermantown	5-04.00
17 Flaherty, Patrick	11 Grand Rapids	5-04.00
17 Ashley, Rance	10 North Branch	5-04.00
26 Tyler, Anthony	10 Forest Lake	5-02.00
26 Schmies, Alex	9 Hermantown	5-02.00
-- Dowd, Patrick	11 Duluth Centr	NH

Boys Pole Vault

Record: \$ 14-06 1996		Dan Shroyer, Grand Rapids		
Name	Year School	Finals	Points	
1 Massey, Tyler	12 Forest Lake	13-11.00	10	
2 Besch, Benjamin	12 North Branch	J13-11.00	8	
3 Volker, Mark	12 Cambridge-Is	J13-11.00	6	
4 Colling, Tyler	12 Forest Lake	13-05.00	5	
5 Anderson, Conner	12 Cambridge-Is	J13-05.00	4	
6 Smith, Zackary	12 North Branch	12-11.00	2.5	
6 Vitalis, Alex	12 Chisago Lake	12-11.00	2.5	
8 Neumann, Carl	11 North Branch	12-05.00	1	
9 Jones, Patrick	10 Cambridge-Is	11-11.00		
9 Brownlee, Carver	11 Hibbing	11-11.00		
9 Seaton, Brent	11 Chisago Lake	11-11.00		
9 Ruble, Wayne	10 St. Francis	11-11.00		
9 Hale, Timothy	12 St. Francis	11-11.00		
9 Foss, Mike	12 St. Francis	11-11.00		
15 Cenaiko, Conner	11 Andover	11-05.00		
16 Bohrer, Kyle	11 Andover	10-11.00		
17 Flaherty, Patrick	11 Grand Rapids	10-05.00		
17 Robert, Kohs	12 Forest Lake	10-05.00		
17 Hallfrisch, Carter	11 Cloquet	10-05.00		
17 Pope, Travis	11 Princeton	10-05.00		
21 Swanson, Justin	12 Hibbing	9-11.00		
21 Halverson, Ben	9 Duluth Centr	9-11.00		
23 Weeks, Kevin	11 Elk River	9-05.00		
23 Synowczynski, Kyle	10 Andover	9-05.00		
-- Nelson, Cohen	11 Cloquet	NH		
-- Mangni, Eli	9 Grand Rapids	NH		
-- Ferrell, Sean	11 Cloquet	NH		
-- Bustrom, Brian	11 Grand Rapids	NH		
-- Perry, Andrew	9 Elk River	NH		
-- Magnuson, Joshua	11 Chisago Lake	NH		
-- Pederson, Devon	12 Princeton	NH		
-- Wood, Andrew	11 Princeton	NH		
-- Rosholt, Warren	10 Duluth Centr	NH		
-- Rice, Joe	12 Duluth Centr	NH		
-- Nordahl, Mitchel	12 Elk River	NH		

Boys Long Jump

Record: \$ 23-00.75 6/3/2000		Relando Peco, Duluth Central			
Name	Year School	Finals	Wind	Points	
1 Tyson, Thomas	11 Forest Lake	21-04.00	1.0	10	
2 Crutch, DeShawn	11 Andover	20-11.50	0.1	8	
3 Ceroll, Tony	12 North Branch	20-10.00	-0.6	6	
4 Roy, Zach	11 Andover	20-07.50	-1.0	5	
5 Nelson, Scott	11 Duluth Centr	20-03.00	NWI	4	
6 Chouinard, Cory	12 Elk River	20-02.50	-0.2	3	
7 Anderson, Corey	11 Hermantown	19-07.75	NWI	2	
8 Leason, David	12 North Branch	19-07.50	NWI	1	
9 Magomolla, Zakayo	12 Duluth East	19-03.75	NWI		
10 Udejiofor, Kene	9 Hermantown	19-00.25	NWI		
11 Butcher, Brad	10 Cloquet	18-11.50	NWI		

12	Fowler-Wacholz, Jordan	12	Chisago Lake	18-11.00	NWI
12	Mielke, Eric	12	Cambridge-Is	18-11.00	NWI
14	Luken, Damon	12	St. Francis	18-10.50	NWI
15	Kalk, Jordan	11	Cambridge-Is	18-10.25	NWI
16	Wiberg, Austin	11	Grand Rapids	18-08.50	NWI
17	Larkins, Michael	9	Elk River	18-07.50	NWI
18	McMahon, Prince	12	Hibbing	18-04.50	NWI
19	Krouse, Nicholas	10	Andover	18-04.25	NWI
20	Invie, Eric	12	Forest Lake	18-03.00	NWI
21	Beaulieu, Nate	11	Duluth Centr	18-02.50	NWI
22	Close, Chad	11	Chisago Lake	18-01.50	NWI
23	Anderson, Nicholas	10	St. Francis	18-00.00	NWI
24	Carlson, Brandon	12	Forest Lake	17-11.50	NWI
25	Flaherty, Patrick	11	Grand Rapids	17-09.50	NWI
26	Merrick, Matt	11	Hibbing	17-09.25	NWI
27	Struckman, Nate	11	Hermantown	17-08.00	NWI
28	McClay, Billy	9	Princeton	17-04.00	NWI
28	Straub, Landen	11	Cloquet	17-04.00	NWI
30	Hacker, Brian	12	Hibbing	17-03.00	NWI
31	Bibeau, Jason	9	Grand Rapids	17-02.25	NWI
32	Moen, Steve	12	Duluth Centr	17-02.00	NWI
33	Codner, Jason	12	Cambridge-Is	17-01.00	NWI
34	Zakrajsek, Sean	11	Duluth East	16-08.00	NWI
35	Hoffer, Nate	10	Princeton	16-07.50	NWI
36	Lemke, Lance	9	St. Francis	16-06.25	NWI
37	Thauwald, Brandon	9	North Branch	16-06.00	NWI
38	Gadbois, Chase	11	Chisago Lake	15-06.25	NWI
39	Lindenfelser, Chase	10	Princeton	14-06.50	NWI
40	Osuna, Ramon	9	Cloquet	13-10.50	NWI

Boys Triple Jump

Record: \$ 46-03.50 6/2/2009 Eyo Ekpo, Andover						
Name	Year	School	Finals	Wind	Points	
1	Anderson, Corey	11	Hermantown	43-03.50	0.8	10
2	Leason, David	12	North Branch	41-05.25	0.9	8
3	Roy, Zach	11	Andover	41-00.75	0.5	6
4	Krouse, Nicholas	10	Andover	40-07.50	0.9	5
5	Hacker, Brian	12	Hibbing	40-07.00	NWI	4
6	Ndege, Fanaka	10	Elk River	40-03.50	1.1	3
7	Moran, Patrick	11	Forest Lake	40-03.00	NWI	2
8	Degerstrom, Blake	11	North Branch	39-07.50	NWI	1
9	Fowler-Wacholz, Jordan	12	Chisago Lake	38-10.50	NWI	
10	Kalk, Jordan	11	Cambridge-Is	38-09.25	NWI	
11	Daniels, Kish	12	Cambridge-Is	38-05.00	NWI	
12	Bibeau, Jason	9	Grand Rapids	37-10.25	NWI	
13	Spoder, Michael		Grand Rapids	37-04.50	NWI	
14	Close, Chad	11	Chisago Lake	37-03.75	NWI	
15	Head, Jonathan	11	Cambridge-Is	37-01.75	NWI	
16	Colling, Jacob	9	Forest Lake	37-00.75	NWI	
17	Rich, Carr	10	Forest Lake	37-00.00	NWI	
18	Snelling, Jacob	9	St. Francis	36-06.50	NWI	
19	Van Overbeke, Andrew	12	St. Francis	36-05.00	NWI	
20	Cross, Derek	10	Elk River	36-02.75	NWI	
21	Giunto, Andrea	12	Hermantown	36-00.75	NWI	
22	Jerkovich, Tyler	9	Hibbing	36-00.50	NWI	
23	Wiberg, Austin	11	Grand Rapids	35-07.25	NWI	
24	Anderson, Parker	10	Hermantown	35-05.00	NWI	
25	Gadbois, Chase	11	Chisago Lake	35-01.25	NWI	
26	Straub, Landen	11	Cloquet	35-00.25	NWI	
27	Woodward, Kyle	11	Cloquet	34-11.50	NWI	
28	Moore, Aaron	12	Princeton	34-10.50	NWI	
29	Ferrell, Sean	11	Cloquet	34-07.25	NWI	
30	Anderson, Nicholas	10	St. Francis	34-06.75	NWI	

31 Donahue, Michael	11 Andover	34-04.75	NWI
32 Hoffer, Nate	10 Princeton	34-03.00	NWI
33 Moen, Steve	12 Duluth Centr	33-08.50	NWI
34 Wold, Carl	11 Princeton	32-06.50	NWI
35 Swanson, Justin	12 Hibbing	32-03.75	NWI
36 Olson, Nick	10 Duluth Centr	30-02.00	NWI
37 French, Henry	8 Duluth East	29-08.00	NWI
38 Beaulieu, Nate	11 Duluth Centr	29-03.50	NWI
39 Buffinghon, Patrick	9 Duluth East	29-02.00	NWI
40 Jukich, Jared	8 Duluth East	26-11.50	NWI
-- Hepner, Adam	10 Elk River	ND	NWI

Boys Shot Put

Record: \$ 59-08 1990		Schweich, North Branch	
Name	Year School	Finals	Points
1 Anderson, Thomas	11 Andover	62-04.50\$	10
2 Ham, Cortez	12 Duluth Centr	53-03.50	8
3 Royce, Charlie	12 Forest Lake	52-06.50	6
4 Graber, Michael	12 Elk River	48-11.25	5
5 Lesar, Jake	12 Hermantown	48-00.50	4
6 Putz, Joe	11 Andover	47-06.25	3
7 Eastwood, Seth	11 North Branch	47-01.75	2
8 Peterson, Jeremy	11 Hermantown	46-09.50	1
9 Greenwood, Jared	12 Hibbing	46-06.75	
10 Udenberg, Thomas	10 Cloquet	46-02.00	
11 Ostendorf, Brad	11 Andover	45-10.25	
12 Houghton, Ben	10 Hibbing	45-06.75	
13 Lane, Hayden	12 Forest Lake	45-00.25	
14 Larson, Scott	12 Forest Lake	44-05.00	
15 Treichel, Clinton	10 Cambridge-Is	43-03.50	
16 Biles, Josh	12 Duluth Centr	43-01.25	
17 Meyer, Jordan	10 Elk River	41-09.00	
18 Lengeling, Chris	11 Grand Rapids	41-04.25	
19 Lastovich, Mike	12 Hibbing	41-03.75	
20 Thomsen, Brady	9 Grand Rapids	41-01.00	
21 Erickson, Austin	12 Elk River	41-00.00	
22 Downs, Dakota	11 St. Francis	40-05.75	
23 Henderson, Ryan	12 Cambridge-Is	40-01.00	
24 Hodgkins, John	12 Hermantown	39-11.50	
25 Johnson, Austin	11 Grand Rapids	39-01.50	
26 Riggles, Adam	12 Duluth Centr	38-07.00	
27 DeBaere, Darren	9 Cambridge-Is	38-03.00	
28 Lindahl, Isaac	10 St. Francis	37-11.50	
29 Westbury, Jonah	10 Chisago Lake	36-06.50	
30 Peterson, Avery	10 Chisago Lake	36-05.50	
31 Shanda, Gaitz	11 Cloquet	36-01.00	
32 Evans, Matt	12 St. Francis	35-01.50	
33 Bahen, Frank	9 Cloquet	34-04.00	
34 Zimmer, Michael	10 Princeton	33-05.50	
35 Downs, Owen	12 Duluth East	33-01.00	
36 Warren, Cole	9 Princeton	33-00.00	
37 Merry, Ryan	12 Chisago Lake	30-08.00	
38 Weyenberg, Jack	10 Duluth East	30-02.00	
39 Hart, Eric	10 Duluth East	29-06.50	
40 Yaeger, Scott	9 North Branch	26-01.00	
-- Kane, Gunnar	10 North Branch	ND	
-- Bolduc, Josh	11 Princeton	ND	

Boys Discus Throw

Record: \$ 169-03 1989		Skiba, North Branch	
Name	Year School	Finals	Points

1	Anderson, Thomas	11	Andover	170-04\$	10
2	Ham, Cortez	12	Duluth Centr	153-04	8
3	Peterson, Jeremy	11	Hermantown	146-10	6
4	Royce, Charlie	12	Forest Lake	145-02	5
5	Houghton, Ben	10	Hibbing	143-02	4
6	Lindahll, Isaac	10	St. Francis	136-10	3
7	Stebe, Eric	12	Duluth Centr	135-03	2
8	Putz, Joe	11	Andover	132-04	1
9	Ham, Jeremy	11	Cambridge-Is	132-01	
10	Olson, Kevin	11	Andover	129-07	
11	Heston, Pierce	11	Elk River	129-04	
12	Lesar, Jake	12	Hermantown	126-10	
13	Udenberg, Thomas	10	Cloquet	122-10	
14	Lane, Hayden	12	Forest Lake	122-04	
15	Biles, Josh	12	Duluth Centr	120-07	
16	Eastwood, Seth	11	North Branch	120-01	
17	Graber, Michael	12	Elk River	116-04	
18	Ostman, Derek	12	Forest Lake	114-07	
19	Muehlhauser, Adam	11	Cambridge-Is	114-00	
20	Wiemann, Kyle	11	Elk River	112-04	
21	Treichel, Clinton	10	Cambridge-Is	110-10	
22	Lastovich, Mike	12	Hibbing	107-07	
23	Greenwood, Jared	12	Hibbing	107-03	
24	Evans, Matt	12	St. Francis	104-11	
25	Card, Michael	9	Grand Rapids	104-09	
26	Downs, Owen	12	Duluth East	104-03	
27	Westbury, Jonah	10	Chisago Lake	100-10	
28	Heidelberger, Branden	11	North Branch	98-00	
29	Downs, Dakota	11	St. Francis	97-05	
30	Rawson, Stephen	12	Chisago Lake	96-11	
31	Pease, Stefan	12	Cloquet	93-06	
32	Zimmer, Michael	10	Princeton	87-08	
33	Schwalter, Kyle	11	Hermantown	83-11	
34	Hart, Eric	10	Duluth East	71-08	
35	Merry, Ryan	12	Chisago Lake	67-05	

Women - Team Rankings - 18 Events Scored

1)	Elk River	132.50	2)	Andover	80.50
3)	Grand Rapids	75.50	4)	Forest Lake	65.50
5)	St. Francis	61	6)	Cambridge-Isanti	57
7)	North Branch	52	8)	Duluth Central	48
9)	Hibbing	28	10)	Princeton	25
11)	Duluth East	21	11)	Chisago Lakes Area	21
11)	Hermantown	21	14)	Cloquet	14

Men - Team Rankings - 18 Events Scored

1)	Andover	138	2)	Forest Lake	125
3)	St. Francis	70	4)	Duluth Central	63
5)	Elk River	51	6)	Cambridge-Isanti	50
7)	Duluth East	47	8)	Chisago Lakes Area	39.50
9)	North Branch	31.50	10)	Hermantown	29
11)	Princeton	28	12)	Cloquet	13
13)	Hibbing	11	14)	Grand Rapids	6